



Alzheimer's
Society

It will take a society to beat dementia

Dementia training courses for health and social care providers

Introduction

Dementia is one of the greatest challenges facing the UK today. Dementia has a huge impact on our health and social care system, and this will grow significantly in the future¹. When asked what would best help to improve the lives of people living with dementia, 65% of people said more care workers who are skilled in caring for those with dementia. **Right now, only one third of care staff in England are recorded as having had some form of dementia-specific training.**²

At Alzheimer's Society, we believe that high quality dementia training for the health and social care workforce can significantly improve the lives of people with dementia and have a significant impact on the health and social care system.



¹ [What are the costs of dementia diagnosis and care in the UK? | Alzheimer's Society, 2024](#)

² [Skills for Care, State of the adult social care sector and workforce in England, 2025](#)



Why train with us?

We are the experts in dementia, and our training is informed by our latest research. We provide health and social care organisations with the tools they need to best support people living with dementia. We deliver live training, interactive e-learning and Train the trainer courses tailored to your learning requirements.

- Our most popular courses are CPD accredited and align to the regional frameworks which provide standards for dementia training within England, Wales and Northern Ireland.
- Our courses are created with, and feature the voices and experiences of, people from different ages and stages of dementia, as well as families, friends and carers using Alzheimer's Society resources and case studies. Course activities encourage participants to both reflect on their engagement with people with dementia and

apply the information to their roles. All of our courses are quality assured using evidence based methods.

- Our passionate trainers are committed to delivering industry-leading courses, and our dedicated training team are on hand to support you from initial enquiry to training delivery and beyond.
- Our training is affordable, cost-effective and tailored to the needs of your organisation.



Live training

Our live courses are delivered by our expert trainers either virtually or in-house and are either a half day or a full day.

We recommend the following live training courses for health and social care professionals:

Dementia awareness

Learn what dementia is. Find out what causes it, symptoms and risk factors. Understand how dementia affects people, families, and society. Explore the best ways to communicate with people with dementia. Learn about cultural competency and why this is important.

Responding to distressed behaviours

Learn how to support people with dementia better by understanding their needs and behaviour. Explore behaviour as a way of communicating needs. Understand why people with dementia might feel distressed. Explore different ways to support people and respond to their needs.

Meaningful engagement with people living with dementia

Learn why engaging in activities is important for people with dementia. Explore the idea of meaningful activities. Find out how to plan activities that suit different people. Explore how to be person-centred. Identify barriers to taking part in activities.

Supporting people with dementia and other vulnerabilities

This course helps you understand dementia and other conditions. The course covers learning disabilities, Down's syndrome, autism, and mental health problems. You will learn skills to support people with these needs who also have dementia.

Improving communication for people with dementia

Learn how to communicate better with people with dementia. Understand why communication can be difficult for people with dementia. Explore listening and communication skills. Learn and practice ways to communicate well with people who have dementia.



Supporting people with advanced dementia

Find out what changes happen as dementia progresses. Explore how to understand and meet the needs of people with advanced dementia. Understand ways to engage the senses. Learn about wellbeing and communication for people with advanced dementia.

End of life care for people with dementia

Learn how to care for someone with dementia at the end of their life. Understand different ways to plan ahead and the importance of this for people with dementia. Explore how to support a person with dementia and their loved ones to experience a good death.

Equality, diversity and inclusion in dementia care

This course uses stories and examples to show why person-centred care is important. Explore how understanding differences can better support people with dementia.



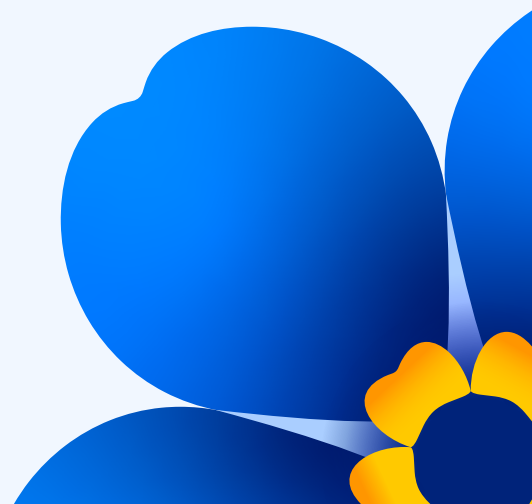
To discuss your learning needs and for full details of our courses, please speak with one of the team by calling **020 7423 3538** or emailing **dementiatraining@alzheimers.org.uk**

Alzheimer's Society's Learning Hub

Our e-learning courses, available on our Learning Hub, are engaging and interactive. We use audio-visual content, interactive activities and exercises to meet all learning styles and encourage learners to put their new knowledge and skills into practice. You can access the courses on our Learning Hub, or purchase courses to be hosted on your own Learning Management System. This means learning can be completed when and where you need it.

We have chosen a selection of our most popular e-learning courses for health and social care professionals below:

- Understanding dementia
- Understanding the early stages of dementia
- Engaging with people in the early stages of dementia
- Responding to distressed behaviours
- A guide to planning ahead
- Bridging the gap between professional and family carers
- Creating dementia-friendly care environments
- Understanding the later stages of dementia
- Supporting people in the later stages of dementia
- Supporting people with dementia at end of life



Train the trainer

This course covers the knowledge and skills needed to deliver Alzheimer's Society Dementia awareness or Responding to distressed behaviours course. The course is delivered to staff and volunteers within an organisation.

Learners will attend an interactive two-day course. Explore how to be a good trainer and how people learn best. Become comfortable and familiar with Dementia awareness or Responding to distressed behaviours course content. Learners can then deliver this course an unlimited number of times to staff and volunteers within their organisation over a three-year period. Alzheimer's Society provide regularly updated resources.



Recent feedback collected from training delivered to Health and Social Care organisations:

“
Very insightful, should be compulsory to everyone in care.”

Learner who attended **Responding to distressed behaviours course**.

“
I feel that this session has given me confidence in myself to identify changes presented to me by residents.”

Learner who attended **Supporting people with advanced dementia course**.

“
I have learnt more than I could have imagined, opened my eyes!”

Learner who attended **Dementia awareness course**.

“
This training has been invaluable in enhancing my understanding of the different types of dementia and how best to communicate with people.”

Learner who attended **Dementia awareness course**.

97% of participants

strongly agreed or agreed that following our training, they felt confident in being able to provide person-centred care when supporting people living with dementia.



98% of participants

strongly agreed or agreed that thanks to our training, they now understand how to adapt care and support based on the person's background and beliefs.

(Data collected from 684 participants who attended one of three of our most popular courses delivered between April 2024-March 2025).

Contact Information

Contact us today for more information on how we can meet your organisational learning needs and to book our training on **020 7423 3538**, email dementiatraining@alzheimers.org.uk or visit our website: alzheimers.org.uk/training



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