

UK

Yorkshire Three Peaks



Duration: 1 day

The Yorkshire Three Peaks, in the Yorkshire Dales, represents a challenge for the keenest of walkers. To scale three mountains in one day is no mean feat and provides an exhilarating and demanding trek in some of the most spectacular countryside England has to offer. This region was shaped by glaciers thousands of years ago, and its wild beauty, with striking limestone outcrops and unusual rock formations, motivates us as we walk. We also see the famous Ribbleshead Viaduct enroute. This is an extremely tough one-day event over wild, rugged and exposed landscapes; at 26 miles it forms an enormous challenge for walkers.

DETAILED ITINERARY

We meet very early at our start point near the village of Horton in Ribblesdale for registration and a briefing, and after warming up our muscles, we set off! We head towards Simon Fell and on to our first peak - Ingleborough. As we gain height, we enjoy views across to the two peaks to come, Whernside and Pen-y-Ghent. Our clear, well-worn paths and stone steps climb us up to Ingleborough summit (723m). We enjoy the views at the top before we descend a steady zig-zagged path to the village of Chapel-le-Dale and the base of Ingleborough. We continue towards our second peak – the rounded peak and summit of Whernside (736m). A steady climb sees us reaching the summit with further spectacular views greeting us. We will see our route to descend before heading towards our third and final climb. As we descend the slabbed path, we know we have only one summit to go – the distinctive stepped outcrop of Pen-y-Ghent! Our path takes us past the Ribbleshead Viaduct and onto our final summit. At Pen-y-Ghent (694m) we can celebrate and revel in the view of our conquered peaks and all we have achieved. On the ascend back to the support hub we take the route through the valley which runs alongside the Settle to Carlisle railway line and we can again glance back and see our achieved challenge one more time. The Pennine Way leads us to the finish line where we will celebrate our challenge achievement before saying our farewells and heading home.

Trek approx 26 miles

Packed Lunch included

Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

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CHALLENGE GRADING

Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trek lies within the **Orange** range.

The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors; trip duration, accommodation and living conditions are also taken into account.

The Challenge Factor icon shows the most challenging aspect – the terrain, which is rugged with long ascents and descents.

The grade reflects the overall trip; some sections will feel more challenging than others. Unusual weather conditions also have a significant impact, and not all people are tested by the same aspects.