



Itinerary



Trek26
Peak District

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Overview

Explore this iconic landscape as we take in the Peak District's famous hills, dramatic rocky outcrops, wild moorlands and tranquil dales. As the UK's very first National Park, it consists of more than 550 squares miles which you will get to see the very best of during this tough but rewarding trek.

Our route will be a challenge whether you're taking on the 13 or 26 miles. You'll cover a variety of terrains across high peaks, through lush valleys and with wonderful views across the Peak District National Park. You'll finish together in the beautiful town of Bakewell, famous for its renowned Bakewell pudding, where you'll be rewarded with a real sense of achievement and your well-deserved medal and glass of bubbly!

On the day

You'll meet all your fellow trekkers at the event hub in the morning where the first stop is registration. We know a challenge like this can be daunting, but you'll be trekking with people who have also experienced how tough dementia can be, just like you. We'll all be in it together. After registration there's time for breakfast, a cuppa and your event day briefing. Then before you know it we'll all be joining in the big count down to the start!

You will start and finish at Bakewell Showground. While the 26 mile route heads directly north through the famous historical village of Eyam, before heading

Key Info

- **Level:** Moderate
- **Terrain:** Mostly country tracks across the moors and the Peaks
- **Gradient:** This route traverses the high peaks of the area so there will be achievable uphill sections with rewarding views from the top!
- **Highlights and Landmarks:** Bakewell, Chatsworth House, Eagle Stone Ridge
- **Route:** Both the 13 and 26 mile routes will start and finish at Bakewell Showground just outside the town of Bakewell. The routes head in different directions before rejoining near Chatsworth and returning to the finish together!

back south and past Chatsworth, the 13 mile route strides out east picking up the River Derwent and glorious Chatsworth House where it joins the 26 mile route and you both return to the finish together!

What's included?

As well as all the support from the team at the start and the celebrations at the finish, there will be plenty of opportunities out on the route at our check points to rest, refuel and refresh before heading off to continue your challenge. You'll get your breakfast and lunch included, and there'll also be sweet treats and salty snacks at every checkpoint to keep your energy levels up and the opportunity to top up your water bottles too. After your epic trek you'll be cheered over the finishing line and receive your well-earned medal and glass of bubbly! There'll be plenty of time to congratulate the friends you've made along the way and shout about your achievement with a selfie at the photo wall. As you cross the finish line, remember that you've brought us one step closer to a cure.



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