



Trek²⁶ Dartmoor

Itinerary

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Key Info

- **Level:** Moderate
- **Terrain:** Mostly country tracks across the moors
- **Gradient:** This trek has some manageable climbs as well as flatter, easier going tracks across the moors
- **Highlights and Landmarks:** Tors, Reservoirs, Castles and Wild Ponies
- **Route:** Both routes are circular starting and finishing in Yelverton

Overview

Be one of the first trekkers to explore this brand new route with us! On this trek you'll explore Dartmoor, home to lofty granite tors, mysterious hut circles and standing stones. You'll see ancient woodlands, sturdy clapper bridges, rushing streams, Dartmoor ponies, bustling stannary towns and secluded villages within the stunning 368 square mile National Park.

Our circular route will include challenging but achievable terrain. Whether you're taking on the 26 or 13 mile route, you'll be rewarded with stunning views and a real sense of achievement when you return to the finish for your well-deserved medal and glass of bubbly!

On the day

You'll meet all your fellow trekkers at the event hub in the morning where the first stop is registration. We know a challenge like this can be daunting, but you'll be trekking with people who have also experienced how tough dementia can be, just like you. We'll all be in it together. After registration there's just time for breakfast, a cuppa and your event day briefing. Then before you know it we'll all be joining in the big count down to the start!

Your day will start out across the undulating moors taking in the unique atmosphere of the National

Park. Enjoy the wide, open landscape, uprising of Tors, standing stones and the occasional wild Dartmoor pony quietly grazing. Both routes will start and finish at Harrowbeer Airfield in Yelverton and while they'll take different routes you will all join together to enter the finish at the end of your challenge!

What's included?

As well as all the support from the team at the start and the celebrations at the finish, there will be plenty of opportunities out on the route at our checkpoints to rest, refuel and refresh before heading off to continue your challenge. You'll get your breakfast and lunch included, and there'll also be sweet treats and salty snacks at every checkpoint to keep your energy levels up and the opportunity to top up your water bottles too.

After your epic trek you'll be cheered over the finishing line and receive your well-earned medal and glass of bubbly! There'll be plenty of time to congratulate the friends you've made along the way and shout about your achievement with a selfie at the photo wall. As you cross the finish line, remember that you've brought us one step closer to a cure.



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