



Trek 26

Hadrian's Wall

Itinerary





Key Info

- **Level:** Very Tough
- **Terrain:** Rugged terrain, broad countryside views and ancient roman roads
- **Gradient:** This route includes some very steep climbs, descents and challenging terrain underfoot
- **Highlights and Landmarks:** The roman roads of Hadrian's Wall, Cawfields Quarry, Walltown Crag and the Sycamore Gap
- **Route:** Both routes are circular starting and finishing together

Overview

This trek retraces ancient Roman paths as you conquer Hadrian's Wall, one of England's most historical landmarks on this unique trek. We'll thread through Roman roads, conquer epic climbs and you'll be introduced to vistas of our ancestors.

Our route will be a challenge whether you're taking on 26 or 13 miles. The terrain is rugged, but you'll be rewarded with breath-taking views as you discover this world-famous historical landmark. While this trek is not to be underestimated, with some big climbs and challenging terrain, it'll be worth it when you return to the event hub for your well-deserved medal and glass of bubbly!

On the day

You'll meet all your fellow trekkers at the event hub the morning where the first stop is registration. We know a challenge like this can be daunting, but you'll be trekking with people who have also experienced how touch dementia can be, just like you. We'll all be in it together. After registration there's just time for breakfast, a cuppa and your event day briefing. Then before you know it we'll all be joining in the big count down to the start!

Your day will start in the tranquil village of Haltwhistle, where we'll head south-west for the first four miles towards Lambley Viaduct. We'll then head north where we'll take in the Walltown Crag, then east where we'll pass Cawfield Quarry before making our way onto the ruins of the wall and through Sycamore Gap. Those taking part in the 13 mile trek will also start and finish in Haltwhistle and take on the eastern half of the 26 mile route.

What's included?

As well as all the support from the team at the start and the celebrations at the finish, there will be plenty of opportunities out on the route at our checkpoints to rest, refuel and refresh before heading off to continue your challenge. You'll get your breakfast and lunch included, and there'll also be sweet treats and salty snacks at every checkpoint to keep your energy levels up and the opportunity to top up your water bottles too.

After your epic trek you'll be cheered over the finishing line and receive your well-earned medal and glass of bubbly! There'll be plenty of time to congratulate the friends you've made along the way and shout about your achievement with a selfie at the photo wall. As you cross the finish line, remember that you've brought us one step closer to a cure.

