



MacIntyre

Wellbeing for Life
Keep GoingDon't Stop!



Learning Disability and Dementia

Sarah Ormston @SarahOrms

Rosie Joustra @DementiaLD

Follow us on Twitter: @DementiaLD
@HealthLD

Sarah Ormston

MacIntyre's Health, Dementia and Wellbeing Manager



Sarah Ormston @SarahOrms

Sarah currently oversees Health, Dementia and Wellbeing for people supported in MacIntyre (around 1600 Children, Young People and Adults), managed our MacIntyre Dementia Project (DHSC funded project).

Rosie Joustra

MacIntyre's Health, Dementia and Wellbeing Assistant



About MacIntyre



We are proud of who we are



Release of Resources (Free!)

- Each Friday we release a new resource related to Learning Disability and Dementia
- www.macintyrecharity.org
- Our Expertise>Dementia>Dementia Resources
- Announced on Twitter: @DementiaLD



MacIntyre's Health, Dementia and Wellbeing team



Working together and what we have achieved



MacIntyre

Providing support...your way



National Dementia Action Alliance

Case Studies



DAA Dementia Action Alliance

The Story of Moira's Life

Moira is 55 years old and lives with her Shared Lives Carer in North West England. MacIntyre's Shared Lives scheme recruits people with a spare room in their house, checks and trains them and then matches them with a vulnerable person who goes to live or have short breaks with them.

Personal history:

Moira lived with her mum and dad until her dad passed away when she was 47. Moira had a happy life and enjoyed family holidays, especially cruises. When Moira was 52 her mum's disability meant that she was unable to continue to support her. She worked voluntarily with Tina in her office. Moira asked if she could stay with Tina and it was agreed she would have a night's respite once a week. This increased and Moira moved in with Tina in 2012. Everyone was happy with this arrangement particularly Moira, who said it was what she always wanted.

About Moira:

Moira has always enjoyed the finer things in life. She loves fancy meals, a good red wine and socialising. Having impeccable etiquette is very important to her. Moira loves nothing more than a cruise where all these things come together. Her dream is to go on a world cruise and since living with Tina she has nearly achieved this! Moira and Tina have been on 5 cruises together, some with her mum and others with friends. Moira loves music, particularly the oldies and enjoys a good sing. Moira has always been very sure of herself and would be described as a very determined and strong character. Over the years she has volunteered in an older people's retirement village, offices, and a leisure centre. She had a lovely phone manner and was brutally efficient!

Health history:

Moira has always enjoyed good health. As a younger woman, Moira was very overweight. She started to lose this after her dad died and she began to only eat certain foods, insisting on the same meals, mushroom omelette or salmon fillet, every night. Over the next 5 years, Moira went down to a size 6. Since living with Tina, Moira has had a hearing test and now has hearing aids and also a sight test and she wears glasses. The sight test was originally done because Moira kept stepping over things that weren't there. In hindsight this was an early sign of dementia but before living with Tina, Moira had always refused to have a sight test.



Profile

Name: Moira

Age: currently 55

Where Moira lives: North West England

Support received: Shared Lives since 2012



DAA Dementia Action Alliance

The Story of Alison's Life

This is Alison's Story. MacIntyre supports Alison and she has Down's Syndrome and a diagnosis of dementia.

Her story is one of relationships and the emotional impact that dementia can have on friendship. Alison has a really close relationship with Rachel, her best friend who she also lives with.

Profile

Name: Alison

Age: currently 53

Where Alison lives: South/East Midlands

Type of support provided by MacIntyre: Residential Care



Alison has always been a really social person, enjoying the company of others. A big part of Alison's life has always been socialising, in particular she enjoys dancing and football. Growing up as a child, Alison always wanted to wear football shirts, and still does enjoy wearing her favourite kit – Chelsea – proudly.

A big part of her life was working at MacIntyre's Café and Bakery. Alison used to bake cakes and weigh ingredients; even though she always worked really hard, work was a real social event for her and a hub of friendship where she worked and built strong relationships over many years.

Alison still visits MacIntyre's Café regularly and also attends MacIntyre's Memory Café on a monthly basis – she enjoys having a cup of tea and cake and the music around her. Both of these activities provide an opportunity to see her friends and reconnect with those treasured memories.

Family has also been extremely important to Alison. Her mum used to volunteer at MacIntyre but sadly she passed away prior to Alison's dementia. Alison's dad is now in his 90s and in a care home, but Alison is still visited by her brother and sisters.

NDAAs Webinar with Beth Britton



Learning Disabilities and Dementia - Enhancing Care & Support

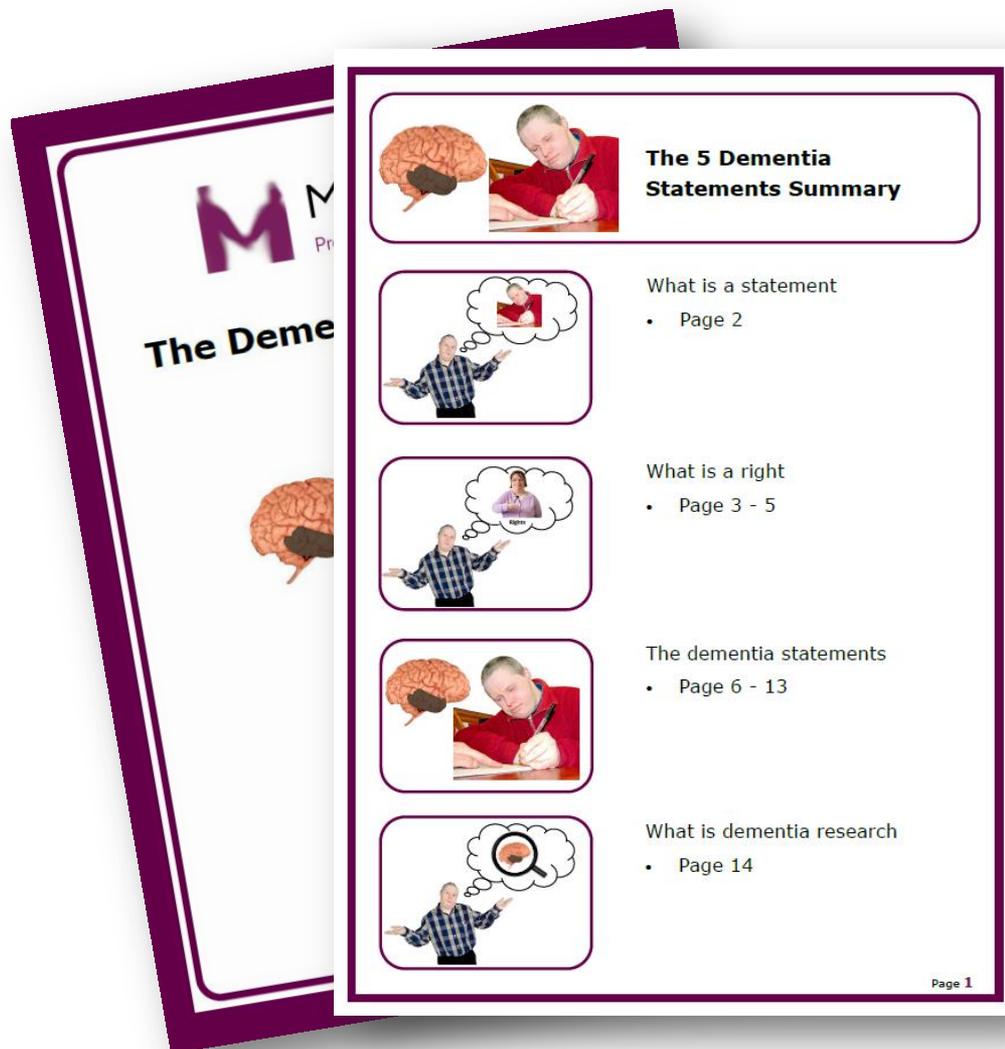
Presenters: Beth Britton and Sarah Ormston

Follow us on Twitter: @bethyb1886
@SarahOrms & DementiaLD

Exciting News ahead...



Release of the Accessible Dementia Statements



The 5 Dementia Statements

- We have the right to be recognised as who we are, to make choices about our lives including taking risks, and to contribute to society. Our diagnosis should not define us, nor should we be ashamed of it.
- We have the right to continue with day-to-day and family life, without discrimination or unfair cost, to be accepted and included in our communities and not live in isolation or loneliness.
- We have the right to an early and accurate diagnosis, and to receive evidence based, appropriate, compassionate and properly funded care and treatment, from trained people who understand us and how dementia affects us. This must meet our needs, wherever we live.
- We have the right to be respected, and recognised as partners in care, provided with education, support, services, and training which enables us to plan and make decisions about the future.
- We have the right to know about and decide if we want to be involved in research that looks at cause, cure and care for dementia and be supported to take part.

The Journey...

The reason we needed the Dementia statements in Easy Read



The Journey...

Keep Going Don't Stop! Co production



What is a Choice



What helps you to think?



The Journey...

Version 1

  The Dementia Statements

 Rights
People have lots of different rights

 Rights  Community Life
The right to life

 Rights  People talking
The right to talk

 Rights  People at a table
The right to learn

Version 2

 What is a right

 Rights  People in a circle
Everyone has a right

 Rights  Human Rights Act
Everyone has human rights

 Rights  Person with fist
Rights are something that you deserve

 Rights  People at a table
You have lots of different rights

Version 3

 What is a right

 Rights  People in a circle
Everyone has rights

 Rights  Human Rights Act
Everyone has human rights

 Rights  Person with fist
Rights are something that you should have

 Rights  People at a table
You have lots of different rights

The MacIntyre Checkers



The Journey...

Changes from The Checkers

~~There are~~ The 5
The Dementia Statements



dementia brain

We have the right to be ^{different} seen as ~~who we are~~ ourselves but still be ~~who we are~~

pic of someone with a doctor or nurse?

Rights ✓

AS

To make our own choices and help to keep us safe
We have a right to make our own choices
We have a right to take risks

We have the right to be a part of our community ~~in~~ the way that makes sense to us we want to be

add man in

We should always be seen as who we are and not ~~by~~ our dementia just a person with a dementia

Humbts

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Update following notes from checkers

The 5 Dementia Statements



Statement 1



We have the right to be ourselves



We have the right to make our own choices



We have the right to take risks



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Any Questions?



Get in touch

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MacIntyre

Providing support...your way



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