Checklist for information to support people with dementia attend your activity



Initial invitation

Information about me form (to RSVP with needs)	
Invitation letter or poster	

Travel arrangements

Accommodation

Hotel details (full address, photo of what to expect)	
Booking reference	
Meal expenses/meals included	

Event details

Time of event – start and finish	
Venue – address / map	
Purpose of the event	
Quiet space	
Contact names / numbers on the day	

Pre-event information about what will happen on arrival

Who will meet them?	
What are they expected to do on the day?	
How much time will it take?	
Who else will be there?	
How many people will be there?	
Whether/Where there will be a quiet area if they need	
to take a break before or during the activity	

Additional needs/Reasonable adjustments

Action taken to meet all needs identified in Information	
about me form (for example dietary, large print, prayer	
space, induction loop or sign language interpreter) and	
person with dementia has been informed about this.	

*Check and advise about whether the station has level access – this can be helpful for wheelchair users and people with balance and co-ordination difficulties.