



Trek26 London



Activity: Trek **Grade:**  **(Tough)** **Duration: 1 day**

Join us on a marathon walk around London, taking in the huge range of world-famous sights and less well-known corners of our capital city. This challenging day takes us past some of London's most iconic and memorable landmarks, including St Paul's Cathedral, the Tower of London, the London Eye and Buckingham Palace, to name just a few. Through bustling communities, peaceful parks and alongside waterways, from the East End to Belgravia – even if you think you know London well, you'll discover something new!

This is a tough one-day event; at approx. 26 miles, it forms an enormous challenge for walkers. A more moderate half-distance option is also available.

DETAILED ITINERARY

We meet at our Waterloo Green Event Hub, just south of the River Thames, for registration, and after a briefing and a thorough warm-up, we set off! We cross the river and follow the Embankment east towards Millennium Bridge. Into the historic centre, we tick off sights including the Globe theatre, St Paul's Cathedral, Cornhill and Pudding Lane, before reaching the Tower of London, with views of Tower Bridge.

Leaving the City behind, we head northeast, through the edgy, urban communities of Spitalfields and Shoreditch, passing old docks and markets that resonate with London's commercial heritage. A section of canal towpaths and parks brings us around Regent's Park, passing picturesque waterside cafes and pubs; this part of our route feels considerably less urban! From Little Venice we walk south past Hyde Park and the Natural History Museum, over the Thames to Battersea Park, and loop north again to Green Park and The Mall, with impressive views of Buckingham Palace.

Our final miles see us passing Trafalgar Square, Whitehall and the iconic Houses of Parliament, crossing Westminster Bridge to walk beneath the London Eye and on to our well-earned finish line! There's time to celebrate with your fellow achievers before returning home, or stay to sightsee and enjoy all that London has to offer!

Trek approx 26 miles / 13 miles

Breakfast Bag and Packed Lunch included

Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

CHALLENGE GRADING

Our trips are graded from Challenging (Grade 1) to Extreme (Grade 5).

This trek is graded **Tough (3)**. Main challenges lie in the long distance on paved surfaces, which can be tough on the feet!

Many factors influence the Challenge Grading, such as terrain, distances, climate, altitude, living conditions, etc. The grade reflects the overall trip; some sections will feel more challenging than others. Unusual weather conditions also have a significant impact, and not all people are tested by the same aspects.

Our grading levels are intended as a guide, but span a broad spectrum; trips within the same grade will still vary in the level of challenge provided.

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