

Alzheimer's Society is the UK's leading dementia charity. We provide information and support, improve care, fund research, and create lasting change for people affected by dementia.

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Alzheimer's Society
operates in England,
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Why integrate dementia care?



Efficient integrated systems will sustain and improve diagnosis, enabling the delivery of comprehensive post-diagnostic support within a dementia-friendly community.

This will support people with dementia to remain in their own homes, avoiding unnecessary admissions, and will reduce the length of stay and adverse outcomes from delayed transfer of care that we know people with dementia experience.

The complexities of dementia mean this system will work for everyone.

Current impact of dementia:



Ageing is the biggest risk factor
1 in 6 people over the age of 80 have dementia



The **total cost of dementia to society** in the UK is **£26.3 billion**



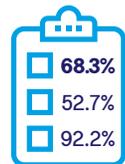
850,000 people have dementia in the UK, set to rise to **1 million by 2021**



225,000 people will develop dementia this year, that's one **every three minutes**



Alzheimer's and other forms of dementia are the **leading cause of death** in England and Wales



Current national diagnosis rate is 68.3% (NHS, Dec 2017) but local variance is between 52.7% and 92.2%



People with dementia occupy **40% of hospital beds** and stay 5 to 7 times longer than people over 65 without dementia



70% of people in care homes have dementia or severe memory problems

'When she was fit for discharge, there was no local authority bed. She was in hospital for 7 or 8 weeks and she was medically fit for discharge for 3 of these weeks.'

Sam Evans, mother has dementia

Our 10 point integrated dementia care plan for sustainability and transformation partnerships and integrated care systems.

A guide for STPs and ICSs to realise their ambitions for an efficient integrated health and social care system, working in partnership with local providers, dementia specialists, people with dementia and their carers.

Key enablers:

- 1 Appoint a Dementia Champion:** Champions lead the dementia workstream as part of the wider local integrated health and social care planning.
- 2 Talk to people affected by dementia:** We actively facilitate work with people with dementia and carers to be part of local decision making.
- 3 Talk to the specialists:** We are the trusted experts informed and inspired by people affected by dementia. We support the development of integrated dementia care and local mechanisms to measure outcomes.
- 4 Train staff:** Ensure your health and social care workforce have the right skills to deliver person centred care. Our courses are mapped to Health Education England's dementia training standards framework.
- 5 Build community resilience:** Our Dementia Friends programme offers individuals and organisations the opportunity to learn more about what it is like to live with dementia and turn that understanding into action.

This will:

- 6 Provide care in the right setting:** Effective integration will reduce unnecessary admissions and delayed transfer of care, ensuring people move in a timely and supported way between care settings.
- 7 Reduce risk:** Dementia should be part of an STPs established prevention agenda.
- 8 Sustain and improve diagnosis:** Support CCGs to meet the national target of a two-thirds diagnosis rate.
- 9 Ensure person-centred support:** Develop standard referral routes, ensuring everyone with dementia is offered choice and control through personalised care and a support plan, and is able to offer a named support worker such as our Dementia Adviser service.
- 10 Tailor environments:** Work with local partners to develop health and care environments that meet the needs of people affected by dementia.

Get in touch for more information at integration@alzheimers.org.uk or visit alzheimers.org.uk/10-point-plan