



Dementia-friendly housing charter

Guidance on delivering a dementia-friendly approach to housing



Document purpose

To inform housing organisations, corporate bodies and sector professionals on how housing, its design and supporting services can help improve and maintain the wellbeing of people affected by dementia.

Title

Dementia-friendly housing charter:

Guidance on delivering a dementia-friendly approach to housing

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Target audiences

Housing providers, planners, architects, builders, surveyors, landlords, occupational therapists, home improvement agencies, property maintenance companies, building control, telecare providers, property developers.

Acknowledgements

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Foreword

Dementia is one of the greatest challenges we face in society today. It is a challenge in which all areas of the housing sector can contribute. From planners to builders and homecare providers to housing with care, everyone has a part to play.

The Prime Minister's challenge on dementia states that, by 2020 we would wish to see an increased number of people with dementia being able to live longer in their own homes when it is in their interests to do so, with a greater focus on independent living. This will only be achieved with greater support in people's own homes from trained professionals and by improving the homes that people live in to ensure they are adaptable as circumstances and needs change.

When someone is no longer able to remain in their own home we need to ensure that housing providers who support them are knowledgeable and have the processes in place to ensure the most appropriate solution for each individual. This includes considering what housing options will best meet the needs of the person with dementia.

At Alzheimer's Society, we believe that life doesn't end when dementia begins. Becoming a more dementia-friendly housing provider means being able to help people to stay in the setting of their choice for as long as possible. By developing an understanding of the condition, housing providers can make a huge difference to people living with dementia and their quality of life.



Jeremy Hughes
Chief Executive
Alzheimer's Society



Dementia and other conditions pose challenges for the housing sector, especially that part of the sector which provides housing for older people.

Awareness and understanding of dementia is increasing, which is leading to a wealth of information, knowledge and resources on how to ensure the wellbeing of people affected by dementia. This presents an ideal opportunity for everyone in housing to play their part and plan, develop and manage housing which helps maintain the wellbeing and independence of people living with dementia and their carers.

We hope that, through your work in housing, you are able to commit to making a positive difference to enable people living with dementia to live in housing that is appropriate to their needs.



Bruce Moore
Chief Executive
Housing & Care 21



Stakeholder endorsements

Jeremy Porteus **Housing Learning and Improvement Network (LIN)**

The Housing LIN welcomes this sector-led dementia-friendly housing charter. Targeted at housing professionals, it guides housing organisations in becoming dementia-friendly, reinforces the key contribution the sector can make in enabling people with dementia and their family carers to live well and independently in the home of their choice. It also complements other initiatives and tools such as the Dementia and housing assessment tool for local commissioning and the Code of practice for the recognition of dementia-friendly communities in England. These resources are a must for all housing-related organisations whose work brings them into contact with people who are living with dementia.

Damian Utton **Pozzoni Architecture**

Dementia-friendly design, and in particular the design of housing, can contribute to the health and wellbeing of everyone, including people with dementia. We all benefit from an easily understood built environment.

Ali Rogan, External Affairs Director **Tunstall Healthcare and Chair of** **Dementia Friendly Communities'** **Technology, Housing and Utilities** **thematic groups**

This document is vital in bringing together all the relevant information for the housing sector in relation to dementia. It's easy to think that being dementia-friendly is not your business priority, but it's everyone's business. This charter brings great learning and examples of how to become a dementia-friendly housing organisation that is making a real difference for people living with dementia.

Paula Broadbent **Keepmoat**

This housing charter will inform the sector and hopefully inspire many organisations to become dementia aware. It is essential for housing professionals to recognise how awareness and dementia friendly practices can make a real difference to people's lives who live within our communities. Being a dementia-friendly organisation will not only enable professionals to make a difference to those living with dementia, but also to those who provide care and support to them each day. The built environment is only one element of what makes a place a home. Feeling safe, secure and confident in the place in which you live and work is vital to wellbeing and, with the help of this housing charter, organisations can become dementia friendly to make these environments a home.

Simon Evans
Association for Dementia Studies
and the Housing and Dementia
Research Consortium

Housing has a significant, but under-recognised, role to play in supporting people living with dementia. I recommend this charter to every organisation and individual working in the housing sector who wants to become more dementia friendly by improving the physical, social and emotional environments that they provide. The charter takes a practical approach across the three themes of people, places and processes and also provides links to a range of useful tools and resources.

Sue Adams, Chief Executive
Care and Repair England

Care and Repair England welcomes this dementia-friendly housing charter. It promotes the importance of a person's home in supporting their health and wellbeing. It sets an agenda for the whole housing sector to better understand and respond to the growing numbers of people with dementia. It offers a wealth of resources and advice. We hope all housing organisations that touch the lives of people living with dementia will become dementia friendly so that people can stay living well and independent in their chosen home.

Trudi Elliott, Chief Executive
Royal Town Planning Institute

Good quality housing, located in the right places, along with well-planned, enabling local environments can have a substantial impact on the quality of life of someone living with dementia, helping them to live well for longer. The RTPI welcomes this dementia-friendly housing charter as an important step in making this a reality for everyone with dementia.

Ruth Eley
Director and Vice-Chair, Life Story
Network CIC

The housing sector is well placed to improve the lives of people living with dementia and their carers, both through direct practical help and advice and through working strategically with other partners to bring about change. The sector's role and contribution are often undervalued and unrecognised. We hope this charter will provide a lever for housing organisations to understand and promote the importance of home and take a leadership role in achieving positive changes in the lives of people with dementia and carers.

Introduction

People with dementia face a range of challenges. These may include memory loss or difficulty communicating, mobility and navigation issues and other associated problems. Across every part of the housing sector, organisations can make a valuable contribution to supporting people with dementia facing these challenges.

To hear more about this and to inform this charter we consulted with people living with dementia from five Alzheimer's Society service user review panels (SURPs) on issues regarding housing. We asked the following three questions to prompt discussions:

1. What would you like to see in a housing charter?

2. What actions would you like the housing sector to take?

3. What difficulties do you have in relation to housing? What difficulties do you worry you might have in the future?

Further details on the feedback from the SURP groups are included in Appendix 1 but the following subjects and examples show the range of issues discussed:

- location – the importance of familiarity
- design – colour and layout
- technology – alarms, sensor and lights
- accessibility – the importance of local amenities
- signage – clarity and appropriateness
- dementia awareness training for housing staff and planners
- opportunities for social interaction
- adaptability as needs change
- loneliness and isolation.

Hearing directly from people with dementia highlights the scale of this issue. However, their insight also shows how sometimes small changes can make a significant difference. This charter covers areas from all stages and aspects of housing. It includes case studies and instructions on how to sign up to the charter.

The range of issues identified above shows the necessity for all housing professionals to influence and create a better living environment for people with dementia. Their personal examples are testament to how important this is.

Aims and objectives

This dementia-friendly housing charter seeks to make the housing sector including housing organisations, corporate bodies and sector professionals aware of the challenges of living with dementia so that it can improve home environments for people with the condition.

Housing, its design and supporting services, can help to improve and maintain the wellbeing of people affected by dementia by taking the following actions:

- Engagement with a wide range of stakeholders within the housing sector to encourage increased awareness of the contribution of housing to the challenges posed by dementia.
- Provision of relevant resources and examples of good practice to encourage their integration into all aspects of people (staff), places and processes.

By equipping housing sector professionals with information and additional resources, the charter aims to improve knowledge and understanding of dementia so that all projects consider ways of minimising risks and enhancing wellbeing for people living with dementia. This resource can be used to influence and support all target audiences.



Who is the charter for?

The charter is aimed at the full range of professionals working in the housing sector, from planners and architects to landlords and developers, housing managers and handypersons. It is designed to help all professionals support people living with dementia in their homes and facilitate consistency and good practice.

Organisations are urged to improve existing action plans or develop new ones in order to future-proof their organisations and services, and sign up to deliver a number of the commitment statements within the charter.



Waltham Forest Housing Association (WFHA): How can small housing associations support their tenants to live with dementia?

WFHA is a small, locally-based housing association predominantly providing sheltered housing. As many as 14% of their tenants, including 20% of their sheltered tenants, live with dementia. To become more dementia friendly, they have:

- appointed Dementia Champions – operational and strategic – who lead the integration of dementia into all work processes rather than treat it as a separate topic
- audited properties as part of estate inspections and support planning to give them a broad knowledge, from which an internal action plan was developed which is reviewed and updated regularly (at least every six months)
- set up Waltham Forest Dementia Action Alliance and currently chair this group
- all staff on the Board and the main contractors became Dementia Friends
- introduced the Sunshine Club to raise awareness with tenants at fun sessions: they meet once a month for activities such as a pamper sessions, arts and crafts, fitness and black history celebrations
- developed a dementia-friendly specification for works on empty properties
- incorporated dementia design into our cyclical and planned maintenance programmes.

Within the community, WFHA is delighted to work in partnership with Alzheimer's Society and Leyton Orient FC, who for the third year have dedicated a match to raising awareness of dementia.



For more information, please see the story from May 2015 at www.wfha.org.uk/news

See article in the December 2016/ January 2017 edition of Living with dementia magazine at alzheimers.org.uk/magazine



**Why sign up
to the charter?**

The number of people with dementia is increasing. This presents challenges to society as a whole and has specific implications for the housing sector.

By recognising this, and by committing to the charter, organisations will publicly announce their agreement to deliver on a number of statements which they will commit to in ways appropriate to their size, state of maturity and the level of available resources in the organisation. See section 4, What does committing to the charter mean?, for more information on the commitment statements.

The benefits of signing the charter include:

- demonstrating leadership within the sector by proactively addressing the societal challenges posed by an increasing incidence of dementia
- increased awareness of how dementia and its challenges affect the services and products that an organisation offers
- ensuring that the needs of customers are met in a consistent and appropriate manner
- creating an organisation in which customers feel comfortable discussing their needs
- making changes now means housing organisations can future-proof by anticipating a growing need from customers and staff.



A dementia-friendly community is a city, town or village where people with dementia are understood, respected and supported. It's a place where they can feel confident that they can contribute to community life. In a dementia-friendly community, people will be aware of and understand dementia, and people with dementia will feel included and involved, and have choice and control over their day-to-day lives.

Over the last decade, a significant amount of work has been undertaken to understand how physical spaces and design can be developed, constructed and managed to help people living with dementia to live well in all types of housing.

There is an increased need and demand for suitable housing for older people, including those living with dementia. This charter draws on relevant research and learning into a single guidance document and signposts to additional resources.

This charter is a key deliverable of the Prime Minister's challenge on dementia 2020 which calls on all sectors to explore ways in which they can provide a more dementia-friendly approach and to produce guidance and share best practice across sectors.

'By 2020, we would like to see an increased number of people with dementia being able to live longer in their own homes when it is in their interests to do so, with a greater focus on independent living.'

Prime Minister's challenge
on dementia 2020

Housing is also a key 'area for action' outlined in the creation of a dementia-friendly community as dictated by the BSI Code of practice (see [Useful resources, page 43](#)).

As well as providing guidance, the dementia-friendly housing charter contains commitments that we encourage organisations to sign up to. By committing to the charter, organisations will publicly announce their agreement to deliver on the commitment statements that are most relevant to them.

For lesbian, gay, bisexual and transgender + (LGB&T+) people, living with dementia can be additionally stressful. Not only are LGB&T+ people less likely to have family members and children who can support them as they deal with the disability, they are also more likely to live on their own and be single than

heterosexual people. Even with a 'family of choice', LGB&T+ people often have an increased need to use social care services for support and help as their disease progresses. Many fear that mainstream care services will not be willing or are not able to understand how to meet their needs.



Hyndburn Homewise:

A home improvement agency in Accrington runs Memory Matters, supporting people living with memory issues and their carers

This project, funded by NHS East Lancashire CCG, supports people to stay at home, continuing to live independently, and keeps them safe and out of hospital and residential care.

Simple innovations in the home can make all the difference to people with dementia with visual and orientation problems. Examples include changing white grab rails in bathrooms to blue or light switches to red or blue to improve visibility, the use of memory aids to remind people to lock doors or close the fridge and the use of signage and pictures to aid orientation.

If the home is a safe environment people can remain there for longer, holding onto their memories at home, which is better for their quality of life. Since 2013, Memory Matters has helped over 414 families with focused work to meet a variety of needs about the home – from £50 for improved lighting to £4,000 for a level access shower. The adaptations have been funded through charitable donations.

As well as advice and support to improve the home, Hyndburn Homewise offers advice on care and welfare benefits and has brought together a network of support for the families who are helped to ensure the continued independent, health and wellbeing of the clients and their carers.



See article in the February/March 2016 edition of Living with dementia magazine from Alzheimer's Society at alzheimers.org.uk/magazine



The Guinness Partnership: commitments addressing people, process and place

The Guinness Partnership has been taking great strides to become a dementia-friendly organisation. After signing up to the housing charter in 2017, they committed to support staff and customers, review the services they provide and consider dementia-friendly design.

People: Commitment to signposting to information and advice

Guinness identified that colleagues do not know where to access specialist advice or information to support customers living with dementia. They now:

- Signpost to **dementia connect**, to help find local services. They added a link to their website and internal communications pages.
- Update web pages with reports, resources and guidance on dementia. By moving these online they have improved the accessibility of their information.
- Implement a communications plan which shares their approach to supporting people with dementia. This created better awareness of the issues.
- Have a dedicated contact to lead on their dementia programme, to develop services and update staff on changes and innovations.

Process: Commitment to improving processes and systems

To improve processes and systems which may not have been appropriately designed or dementia-friendly, they have:

- Launched a dementia e-learning module for all staff as part of their corporate training plan. This ensures there is consistent understanding among staff of what dementia is, how it affects customers, and what they can do to support people affected by dementia.
- Delivered Dementia Friends nationally across the organisation.
- Devised a system to make notes of the individual requirements of their customers.
- Reviewed their housing policies to take into account the needs of people with dementia.

Place: commitment to dementia friendly-design

At an extra care housing scheme near Plymouth, they adapted the environment to support people with dementia. Each of the residential areas now have carpets and walls that are colour coded to create distinct zones. Each area has a theme, for example flowers, trees, waterscapes or landscape.

Residential flats now have a large, unique picture. Visual prompts make it is easier for residents to navigate the building and orientate themselves.

These changes allow people with dementia to remain independent and stay in their own home for as long as possible.



For more information, please visit
[www.guinnesspartnership.com/
case-study/dementia/](http://www.guinnesspartnership.com/case-study/dementia/)



1

**The difference
that suitable
housing
can make**

Two thirds of people with dementia in the UK live in their own home in the community, with one third living on their own. Approximately one third of people living with dementia are in a housing with care setting.

Housing and housing-related services can play an important role in ensuring that people living with dementia and their families and carers, live happier, healthier and more independent lives.

It is not just specialist supported housing providers and those involved with adaptations who can play an important role in this – other organisations can make a significant contribution. This includes those involved with aspects such as the design of space in ordinary housing, or training staff in all housing professions to understand the needs of those with dementia.

Essentially, all housing and housing-related services can help to ensure that people living with dementia and their carers can reach the outcomes outlined in the dementia statements, shown below.

In order to see this happen, it is vital for the housing sector to:

- ensure that policies incorporate the need to provide suitable housing for people living with dementia
- encourage the adoption of good practice in providing housing and housing-related services for people living with dementia, wherever they live
- ensure that all stakeholders identify what they are able to contribute towards developing and maintaining dementia-friendly communities
- promote awareness of dementia and how living well can help reduce social exclusion and discrimination.

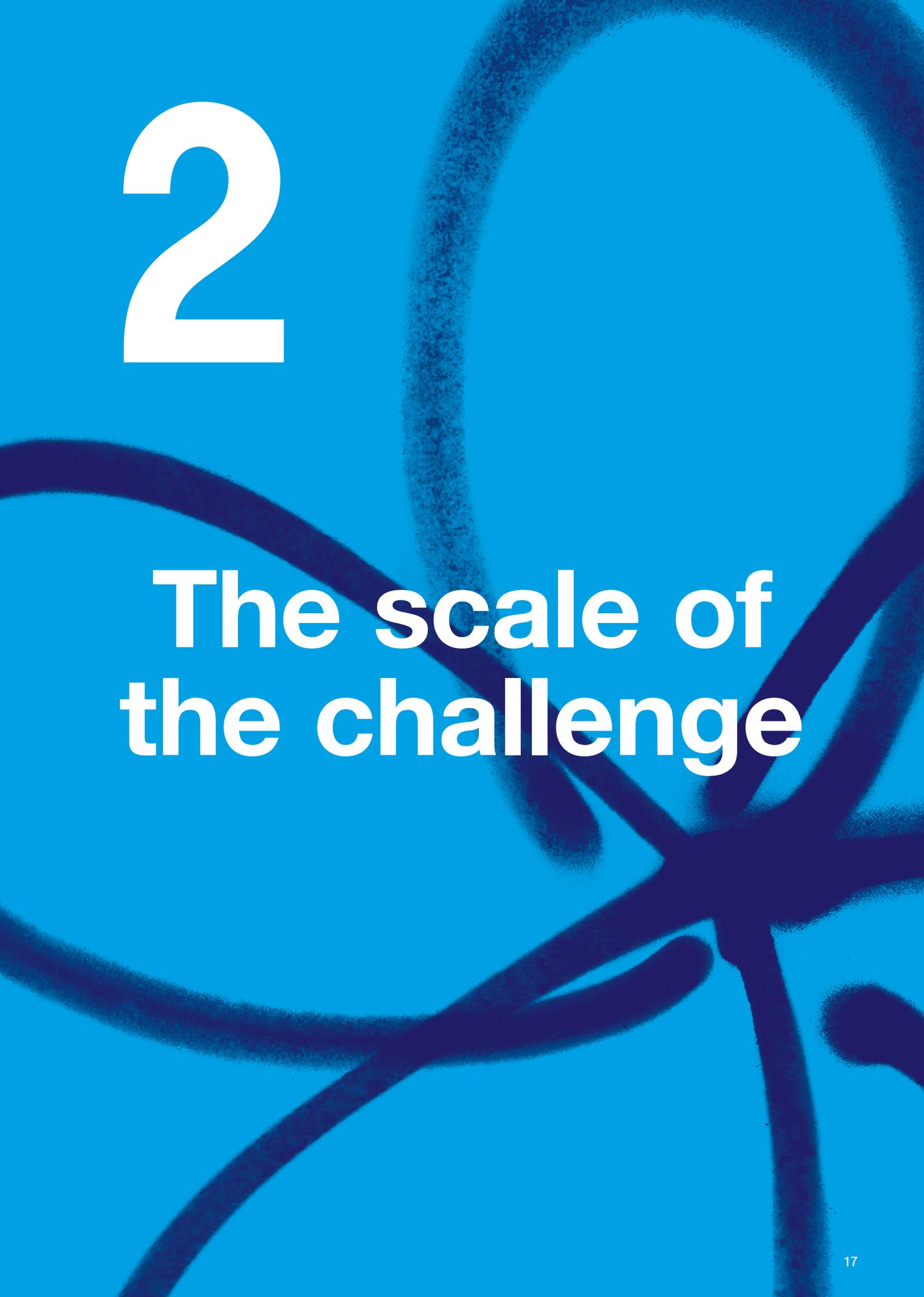


The Dementia Statements

Dementia Statements reflect the things people with dementia have said are essential to their quality of life. Grounded in human rights law, they are a rallying call to improve the lives of people with dementia and to recognise that they shouldn't be treated differently because of their diagnosis.

- We have the right to be recognised as who we are, to make choices about our lives including taking risks, and to contribute to society. Our diagnosis should not define us, nor should we be ashamed of it.
- We have the right to continue with day to day and family life, without discrimination or unfair cost, to be accepted and included in our communities and not live in isolation or loneliness.
- We have the right to an early and accurate diagnosis, and to receive evidence-based, appropriate, compassionate and properly funded care and treatment, from trained people who understand us and how dementia affects us. This must meet our needs, wherever we live.
- We have the right to be respected, and recognised as partners in care, provided with education, support, services, and training which enables us to plan and make decisions about the future.
- We have the right to know about and decide if we want to be involved in research that looks at cause, cure and care for dementia and be supported to take part.

For more information please visit [alzheimers.org.uk](https://www.alzheimers.org.uk)



2

The scale of the challenge

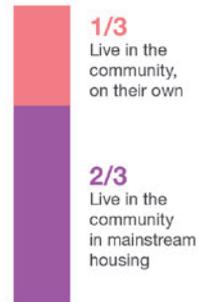
Improving the different areas of housing to help support people with dementia requires many hundreds of thousands of people working across the housing sector, as well as involvement from many other stakeholders. Working together to understand and address the wide range of issues people with dementia face, they can create the change needed.

The infographic from Housing & Care21 below highlights some of the key facts about housing and people with dementia.



There is only enough specialist housing to accommodate 5% of the over 65 population.

Two-thirds of people with dementia live in the community, mostly in mainstream housing, a third live on their own, predominantly in the owner occupied sector.



2 million older households are living in non-decent homes.



95% of homes lack even basic accessibility features.



Home adaptations improved the quality of life for 90% of recipients as well as for carers.

An Alzheimer's Society's report found that more needed to be done to ensure homes were designed and built with the needs of people affected by dementia in mind.



The International Longevity Centre UK has predicted:

- A shortage of 160,000 retirement housing by 2030;
- By 2050, the gap could grow to 376,000.

Data Sources: Survey of English Housing (Annual) DCLG; ONS 2011 Census Analysis; Garrett H et al (2015) Homes & Ageing in England BRE & PHE; Pannell J Blood I (2012) Supported Housing for Older People in the UK: An Evidence Review, JRF; NHF, Home Truths 2014/15: Broken Market, Broken Dreams; Torrington J (2014) Future proofing housing & the built environment Foresight Project GO-Science; APPG (Housing & Care) (2011) Living Well at Home Inquiry.

Target audiences

The broad definition of the housing sector used in this document includes a whole range of stakeholders, occupations and organisations. While the specialisms may be divided into the

three areas shown in the table below, there is some crossover between the different occupations because of the wide scope of some disciplines.

Breakdown of the housing sector

Sector specialism	Stage of housing provision process	Occupations responsible
Designing and building	From inception, through design to 'ready to occupy'	Planners, architects, building control, facilities, property management, builders, surveyors, designers, developers
Managing and supporting	The daily running activities of all housing types	Landlords, developers, estate or letting agents, housing managers and officers, court/scheme managers, occupational health, facilities or property management
Modifying and adapting	The modification, repair, maintenance and adaption of housing and the built environment to meet changing needs	Occupational therapists, community equipment or telecare providers, handypersons, environmental health officers, home improvement agencies, builders, property maintenance companies, technical officers and architects

Influencing policy and decision making

The charter can also be used to influence policy and decision-making by the following bodies in regards to their work within the housing sector:

- local authorities and commissioning bodies
- adult social care services
- clinical commissioning groups (primary care services)
- NHS hospital trusts (acute health services)
- estate agents and property management companies

- other local networks, organisations and partners

- regulators and funders.

The following services are not considered within the scope of this charter:

- care homes
- hospices
- independent homecare organisations (other than those delivering care in specialist housing).



McCarthy & Stone and Your Life Care and Management

McCarthy & Stone and Your Life Care and Management are working towards becoming dementia-friendly through their commitment to the housing charter. They aim to support people living with dementia to stay in their homes for longer and live with greater independence.

They have:

- Incorporated dementia-friendly design principles into all of their developments, both existing and new build.
- Designed an online dementia toolkit to ensure every member of staff can access further information to help support homeowners and family members.
- Provided McCarthy & Stone sales representatives with better support to help people living with dementia and their families during the sales process.

They are continually improving what they do and how they support people affected by dementia, and they will continue to champion the rights of people living with dementia across the business.

Addressing dementia-related housing needs

The many ways that dementia affects people’s cognitive and physical functioning presents challenges to the housing sector. People with dementia may have difficulties recognising familiar places, objects or people, they may leave the house and walk for a long period of time, become disorientated, display behaviour that

challenges or be unable to retain information about services. Even dementia-friendly features may not be perceived as such by some people with dementia and their individual reaction may be rooted in culture misidentification or previous traumatic experiences. The table below shows common symptoms of dementia.

Common symptoms of dementia

Early stages of dementia	Middle stages of dementia	Later stages of dementia
<ul style="list-style-type: none"> ■ loss of memory for recent conversations or events ■ sometimes confused ■ harder to make decisions ■ mislay items around the house 	<ul style="list-style-type: none"> ■ needing more support with managing day-to-day living ■ increasingly forgetful, particularly of names ■ failure to recognise people or confusing them with others ■ confusion between night and day ■ putting themselves at risk through forgetfulness 	<ul style="list-style-type: none"> ■ gradually more dependent on others for care and support ■ pronounced loss of memory ■ increasing frailty and reduced mobility ■ difficulty in eating or swallowing ■ increasingly restless, distressed or agitated

The BSI Code of Practice (**Useful resources, page 43**) identifies the key provisions required in the housing sector for people living with dementia as:

- adaptations, built environment and design
- assistive technologies, including telecare
- access to outdoor spaces
- support of family and paid carers in private homes
- training of all staff in the housing sector – appropriate to the settings in which they work and their roles
- maintenance of tenancy if a person with dementia is temporarily admitted to care.



The ExtraCare Charitable Trust

The ExtraCare Charitable Trust has employed Locksmith@s – specialist staff members who support residents to unpick issues related to living with dementia. Locksmith@s develop interventions aimed at improving quality of life, to ensure residents can remain living independently for as long as possible.

Mr Pink – Lifting mood and improving physical ability

Mr Pink had a fall just days before he was due to move into a village. This led to a five week stay in hospital resulting in loss of confidence, withdrawal and symptoms of depression and anxiety.

The Locksmith@ together with Mr Pink, a physiotherapist and village care team developed a plan to help Mr Pink regain confidence and better understand his strengths and weaknesses. Each individual goal that was met was celebrated. This improved Mr Pink's determination to succeed.

Mr Pink resumed tasks such as making a cup of tea and washing up. This reduced his care package from 21 hours a week with two carers to eight hours with a single carer. Mr Pink showed a significant improvement in mood.

Mrs Green – The Locksmith@ and care

Mrs Green was referred to the Locksmith@ due to increased confusion and issues with her medication. During the Locksmith@ screening, Mrs Green became anxious at the idea of a stranger giving her medication so the Locksmith@ began regular visits to help with this.

Whilst working closely with Mrs Green, the Locksmith@ noticed a decline in personal hygiene and supported her to create a personal care routine that she was comfortable with. Once Mrs Green was happy with these changes in care, a carer was introduced alongside the Locksmith@.

The Locksmith@s intervention enabled Mrs Green, who was anxious at the idea of care, to receive a care package that she was happy and comfortable with, and helped her to live well with dementia.

Addressing these needs can make the housing sector and its professionals more effective and efficient by:

- understanding the cause of an issue early and tackling it appropriately
- dealing more appropriately with risks to health and safety
- reducing the risk and cost of litigation
- reducing the rate of property turnover and the cost of voids
- avoiding or reducing decorating and repairs to properties damaged by incidents that could have been prevented
- being alert to simple adaptations that can be installed early as preventative measures.



Brookside Retirement Village, Lancashire: Taking extra care with dementia-friendly design

With 111 extra care apartments, Brookside Retirement Village opened in May 2012. The Brookside Extra Care scheme caters for all levels of physical ability from the fully able to the very frail and provides specialist health, care and support services for older people with dementia. It offers a home, for as long as a resident's social care and health needs can be supported in that environment, by providing facilities which are flexible to all, backed up with flexible services which can be adapted to meet individual need.

Designed by Pozzoni Architects, who specialise in designing for older people, in keeping with dementia principles, Brookside includes a fitness suite, beauty salon, day care centre, library/IT room, multi-purpose/cinema room, treatment rooms, music room and offices for NHS Central Lancashire.

The public access to Brookside brings life, activity and stimulation for the residents and anecdotal evidence from the staff at Brookside suggests this has a very positive effect on people with dementia.

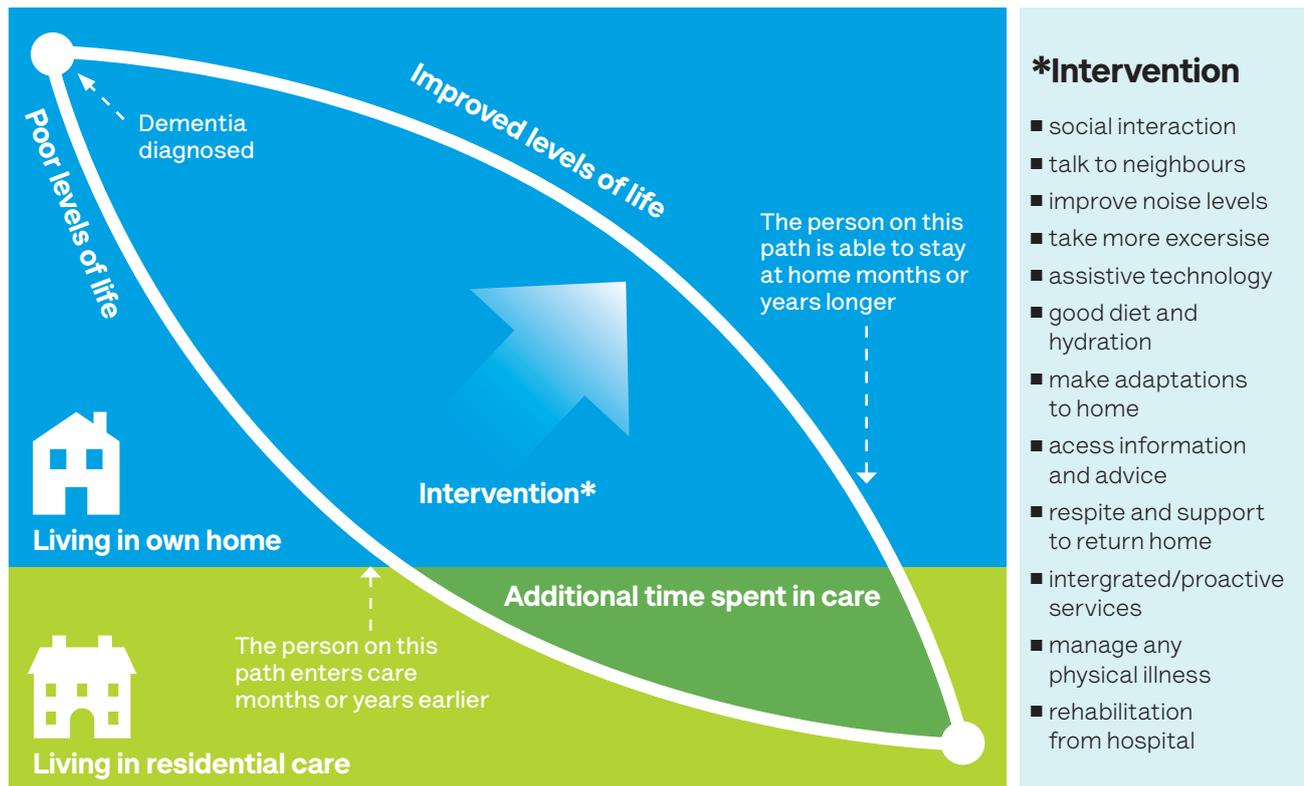


For more information, please visit
www.housinglin.org.uk
and search for case study 68

Early intervention, housing and quality of life

Housing is one factor that can affect the quality of life for someone with dementia. The infographic below identifies types of interventions alongside the relative effect of living in residential care or their own home.

These interventions include adaptations in the home as well as social interaction and demonstrate the positive impact they can have for the person with dementia and their ability to remain in their own homes for longer.



Infographic supplied by Dementia Services Development Centre © 2013

3

Instigating change: People, places and processes

Every individual and organisation working in the housing sector can make a difference to the lives of people living with dementia. In working towards this, everything should be considered from the viewpoint of someone with dementia and how ‘people’ (staff), ‘places’ and ‘processes’ can support them.

People



In all housing (social, private, specialist and general), this covers staff who manage properties: landlords; people providing other services including modifications, adaptations, repairs, home maintenance and handyperson services; architects and planners.

Considerations include how to interact with, communicate with and support people with dementia, their families and other unpaid carers.

Places



The creation and maintenance of suitable housing which incorporates space and design can support people living with dementia. This includes both the interior and exterior of buildings, areas around buildings and the location in which they are built. It also includes retrofitting existing housing.

Physical spaces should be easy to navigate and be accessible for people living with dementia to enjoy a more meaningful and inclusive life.

Processes



This includes housing systems and infrastructure used in all residential provision, planning, design and development, and housing-related services such as repairs, maintenance, adaptations and management.

Processes should be designed to reduce barriers and ensure that people and places are successful in supporting people with dementia.

Ensuring all policies are designed to be dementia-friendly and staff training reflects these policies.



People

Staff in all areas of housing should be able to recognise and support the needs of people affected by dementia and their carers. The breadth and depth of knowledge and skills needed by the workforce depends on how closely they work with people who may have dementia or a memory impairment. This in turn will depend on the nature of the organisation they work for, their particular role in it and the customer base. Largely, staff can be broken down into the following three categories, shown below.

The need for awareness and understanding is not limited to directly employed staff but should also include external contractors, volunteers and board members, residents and customers.

Staff should also be attentive to the needs of family carers and others who support people with dementia on an unpaid basis.

1 Staff who have significant contact with people living with dementia (including indirect contact)

- support workers; scheme managers; adaptations, repairs and maintenance staff and contractors
- staff working in the homes of people living with dementia
- line managers of those staff
- staff responsible for developing strategies and policies for customers.

2 Staff who have some contact (including indirect contact)

- staff who have face-to-face or telephone contact with a wide range of customers, including people with dementia
- line managers of those staff
- staff responsible for property management, repairs and maintenance.

3 Those who have minimal or no contact with residents or customers

- finance officers and accountants
- builders, architects, planners etc.

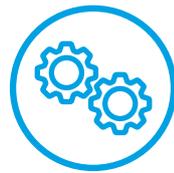


Places

Place is defined as the interior and exterior of buildings, areas around buildings and the location in which they are built.

Places should incorporate design features, in and around buildings, which are accessible for everyone and include the needs of people living with dementia, as well as other conditions including sensory and physical impairment.

Existing places can be retrofitted to support people with dementia. Recognition should also be given to the fact that people living with dementia will react differently to their surroundings and that their needs will change over time.



Processes

This includes processes and systems related to housing management. It covers services such as repairs, adaptations and modifications that need to take into account the needs of people living with dementia and be responsive to their aspirations and requirements.

This includes:

- ease of access to services and processes designed to incorporate the needs of people with dementia
- clear follow-up information and advice on dementia, particularly post diagnosis
- clear opportunities for people with dementia and their carers to contribute to decisions about their home
- policies and procedures
- record-keeping and a database of health and care related conditions.



Housing our Ageing Population Panel for Innovation (HAPPI)

The HAPPI design principles are based on 10 key design criteria. Many are recognisable from good design generally – good light, ventilation, room to move around and good storage for example.

HAPPI principles have particular relevance to the spectrum of older persons' housing which needs to both offer an attractive alternative to the family home, and be able to adapt over time to meet changing needs.

They reflect, amongst other aspects, space and flexibility, daylight in the home and in shared spaces, balconies and outdoor space, adaptability and 'care ready' design and positive use of circulation space.

4

**What does
committing
to the charter
mean?**

By signing the charter, your organisation undertakes an important two-step process:



1. Download the charter and demonstrate your commitment

Download the charter from **Alzheimer's Society website**. Using your existing communication channels you should then announce your intention to deliver relevant commitment statements. Incorporate specific actions into your Dementia Action Alliance action plan if applicable.



2. Delivery of the commitments specific to your stakeholder group within a set, individually determined and planned time-frame

A commitment to this charter will involve selecting a senior member of staff to champion the initiative and ensure that the appropriate delivery plan is established and progressed with the objective of completing the identified commitments.

You should provide evidence on your progress and report back on this and your outcomes on the identified commitment statements.

Your ongoing commitment to the charter should influence all future housing policy, asset management and commissioning discussions.

Housing organisations should act as ambassadors for dementia-friendly communities and build relationships with local organisations to encourage them to adopt dementia-friendly practices.

Look online to find your local **Dementia Friendly Community** or **Dementia Action Alliance**.



Life Story Network: Beyond the front door

Funded by the Department of Health as part of the post-diagnostic care and support programme in the Prime Minister's challenge on dementia, the Life Story Network has explored what 'home' means to people with dementia and their carers in order to support them better when deciding whether to move home and during the actual transition.

It is apparent that home means not just the physical place – the house or flat, garden, street and local neighbourhood – but also the people: partners, spouses, family, friends and neighbours. It is where people feel safe and secure, surrounded by familiar belongings or people. The implications for housing providers include the following important aspects:

- **Provision of clear, concise and timely information about what is available to enable people to make informed choices:** A striking example is sheltered housing. Several residents of schemes described how other people perceived sheltered housing as nursing homes, with associated stigma.
- **The importance of enabling active involvement in decision-making:** Housing needs for the person with dementia and family carers for the retention of sense of identity and self-esteem and consequent wellbeing.
- **Recognition of the importance of cultural factors in supporting any transition:** For example, understanding the specific needs of LGBT people, older people without children and people from different ethnic backgrounds.
- **Consideration of people's plans and aspirations:** The recognition that people with dementia still consider that they have a 'life to live' with hopes and wishes for their future.
- **The significant role played by housing officers and scheme managers in smoothing the transition from one home to another:** Their knowledge and attitudes towards people with dementia and their carers can make the difference between a successful move and one that is stressful and unsatisfactory.
- **The importance of retaining what is familiar, including social networks, when people do move:** Though well-intentioned, the temptation for families and professionals is often to get rid of treasured possessions and items of furniture to start afresh in the new home. These items can keep people connected and help them adjust to new living environments.



For more information, please visit
www.lifestorynetwork.org.uk

Commitment statements within the charter

The tables in Section 5 outline a number of commitment statements, grouped around the pillars of people, places and processes. These are intended as a guide for activity or to further inform your current work on dementia. It is not intended that the actions need to be standalone documents or actions; they should be incorporated into existing or planned work.

There are some commitment statements which will be relevant to all housing stakeholders and some which will only be relevant to some types or size of organisation. Each organisation should choose which actions to adopt or undertake. The commitment statements are presented

as ‘building blocks’ – each progressive step requires more resources and/or time.

Hyperlinks and web addresses are included where there is reference to one single source. Alternatively, please refer to the **Useful resources on page 43.**

‘Each organisation should choose which actions to adopt or undertake.’



Housing & Care 21: a whole organisation approach to using the housing charter

Housing & Care 21 want to ensure that both their housing and care services make the organisation dementia-friendly.

Using the three pillars in the housing charter (people, places and processes), it developed an action plan to deliver on commitment statements which spanned across all departments within the organisation.

- The organisation has a target that half of all its residents should become Dementia Friends by 2021. All staff receive a Dementia Friends session as part of their induction and several have become Dementia Champions.
- A dementia-friendly design guide has been launched which informs the development of new schemes and the refurbishment of existing schemes.
- A number of court managers will get training from Stirling University to become peer advisors, so that they can give other court managers specific support or guidance in their work with people living with dementia.

Housing & Care 21 recognises that many of its staff will be affected by dementia and have reviewed all staffing policies and procedures to ensure that they receive the necessary assistance whilst supporting their relative living with dementia.



5

Commitment statements



People

Commitments to identifying people affected by dementia who need support

Issue	Actions
<p>Organisations don't understand the challenge that dementia places on services.</p>	<ul style="list-style-type: none"> ■ Become a dementia-friendly organisation.
<p>Diagnosis is often at the point of crisis.</p>	<ul style="list-style-type: none"> ■ Arrange training and guidance for employees (particularly front line staff) to be able to identify the signs of dementia and know how to seek support for early diagnosis as appropriate. ■ Develop a signposting pathway for the local area. See article in the December 2016/January 2017 edition of Living with dementia magazine at alzheimers.org.uk/magazine
<p>People with dementia face challenges with communication making it difficult for organisations to respond to their needs.</p>	<ul style="list-style-type: none"> ■ Ensure staff are aware of advice and advocacy services locally to support people with dementia to make decisions. ■ Produce information and guidance in easy accessible formats for people with dementia on services and facilities available and how they are provided. ■ Ensure staff are aware of techniques and approaches that engage people with dementia. Raise awareness in housing and local communities through Dementia Friends and dementia-friendly community engagement. ■ Build an understanding with staff on the implications of mental capacity and deprivation of liberty legislation including lasting powers of attorney to support better communication. ■ Develop and implement training for all staff on dementia awareness and on practices taken to support people with dementia.
<p>People who identify with the LGBTQ community may have specific concerns about how dementia affects them.</p>	<ul style="list-style-type: none"> ■ Signpost people towards the resources identified on page 45.

Commitments to understanding

Issue	Actions
<p>The health and wellbeing of unpaid carers is affected.</p>	<ul style="list-style-type: none"> ■ Staff should be aware of and able to signpost unpaid carers to local support services for help and advice.
<p>There is a lack of understanding by staff of the different needs of people with dementia and associated stigma.</p>	<ul style="list-style-type: none"> ■ Appoint a Dementia Friends Champion or Champions in the organisation who provide leadership, promote dementia awareness, keep staff up to date with resources, and act as a support and sounding board for staff. ■ Develop protocols for staff that cover dementia awareness, signs to notice and appropriate actions to take. ■ Provide training on dementia so staff can develop their understanding of how it affects people differently. ■ Develop a proforma document for use by front line staff to assess how suitable a person's home is, including information on who to contact to take action. ■ Share research into the suitability of housing features for people with dementia to make recommendations for change.
<p>There are negative reactions from residents and/or communities towards people living with dementia.</p>	<ul style="list-style-type: none"> ■ Increase awareness through the Dementia Friends initiative or other training as appropriate. ■ Address negative language and perception and promote more positive messages about living with dementia. ■ Promote engagement with dementia-friendly community activity and engagement using public body networks as catalysts. ■ Work with other agencies who come into contact with people with dementia to share learning and improve responses, such as Alzheimer's Society, Dementia UK and AT Dementia.

Commitments to understanding (continued)

Issue	Actions
<p>The level of awareness of dementia amongst staff is lower than is necessary, coupled with inappropriate attitudes.</p>	<ul style="list-style-type: none"> ■ Sign up to Dementia Words Matter. ■ Encourage all staff to become Dementia Friends and Dementia Friends Champions. ■ Embed appropriate ways of working in line with a dementia-friendly organisation. ■ Ensure staff are aware of the relevant legislation, for example the Mental Capacity Act and Deprivation of Liberty Safeguards. ■ Promote a dementia-friendly ethos and associated culture and values.
<p>An increase in staff understanding and skills in working with people with dementia is needed.</p>	<ul style="list-style-type: none"> ■ Develop a training programme which is tailored to staff roles and the organisation's remit, reflecting the depth of understanding and level of skill needed. ■ Develop or source a bespoke training programme, as required by different roles and occupations.
<p>Staff members may develop dementia or need to care for a loved one with dementia.</p>	<ul style="list-style-type: none"> ■ Ensure HR policies are supportive of staff who develop dementia or have caring responsibilities, tailoring the support to the individual's assets, needs and wishes.

Commitments to signposting/navigation/advice and information

Issue	Actions
<p>Staff do not understand where to access specialist advice and information.</p>	<ul style="list-style-type: none"> ■ Develop signposting documentation and keep it up to date for staff and customers. ■ Improve the accessibility of information and signposting for staff and customers. ■ Ensure that staff know who to contact in their organisation for greater support.
<p>Staff are unaware of how to respond to the physical and sensory challenges faced by people with dementia.</p>	<ul style="list-style-type: none"> ■ Ensure staff know where to find guidance produced by relevant organisations concerned with physical and sensory impairments. See: www.rnib.org.uk/nb-online/top-tips-guiding and www.actiononhearingloss.org.uk/your-hearing/ways-of-communicating/communication-tips/tips-for-hearing-people.aspx ■ Consider what equipment and adaptations might help to make the home environment more comfortable and safe.
<p>People with dementia are at risk of becoming socially isolated and/or lonely.</p>	<ul style="list-style-type: none"> ■ Increase staff awareness to identify the signs of social isolation and/or loneliness and ensure reporting mechanisms are in place to address this. ■ Ensure staff are able to signpost to relevant organisations, groups and activities in the local area. ■ Staff engage with and develop community-based activities where appropriate.



Places

Commitments to navigation/setting

Issue	Actions
<p>The services required for people to stay in their own homes are not widely known and therefore not accessed or offered.</p>	<ul style="list-style-type: none"> ■ Staff need to know what options are available locally for care and support at home.
<p>There is a lack of appropriate adaptations in properties to provide a more dementia-friendly environment.</p>	<ul style="list-style-type: none"> ■ Communication of the principles and ways for home adaptations to be more dementia-friendly (for example, Alzheimer’s Society ‘Making your home dementia friendly’ and Stirling University booklet ‘10 helpful hints for dementia design at home’). ■ Ensure dementia design principles (and other relevant design) are incorporated, including people living in their own homes.
<p>People in housing with care settings are likely to be older and with more advanced dementia and co-morbidities.</p>	<ul style="list-style-type: none"> ■ Consider how HAPPI design principles (see page 28) (and other relevant design) are incorporated. ■ Where possible, co-produce the housing with care setting in conjunction with the Commissioner and housing and care staff. (This applies to settings where there is a Local Authority Commissioner, therefore will not be relevant to everyone.) ■ Make links with other local services to ensure people with co-morbidities are able to access the correct support. ■ Develop policies that ensure that the housing with care setting remains appropriate for individuals as their dementia progresses.

Commitments to navigation/setting (continued)

Issue	Actions
<p>People living in their own homes may need support to ensure that their home is safe and suitable and is adapted to meet their needs.</p>	<ul style="list-style-type: none"> ■ Make staff aware of potential risks within a person's home – for example prevention of falls. ■ Use an audit toolkit to make an assessment of risk within the person's home and potential management. ■ Develop a referral pathway to manage risks where additional support is needed.
<p>Confusion occurs because residents with dementia become lost or are unable to find their way.</p>	<ul style="list-style-type: none"> ■ Identify individual strategies to support the person and minimise risk. ■ Incorporate appropriate wayfinding into landscape design where people live in a housing with care scheme.
<p>Consequential issues when people leave their homes to walk around (eg dehydration, exhaustion).</p>	<ul style="list-style-type: none"> ■ Work with local areas/authorities to develop dementia-friendly communities to aid wayfinding and orientation in local areas. ■ Contact local specialists for local advice and support. ■ Provide or support people to access meaningful activities, points of interest, or stimulation, so for example, if they like to walk about, they can do so safely.
<p>People with dementia experience stress in response to specific triggers in the environment.</p>	<ul style="list-style-type: none"> ■ Arrange awareness-raising for staff to reinforce the very personal nature of dementia and ensure an appropriate response. Develop a 'life story' in conjunction with the individual and their carer/ family for use by carers to ensure that appropriate responses are provided.

Commitments to raising awareness

Issue	Actions
<p>There is a lack of knowledge about dementia within the local community.</p>	<ul style="list-style-type: none">■ Run (where appropriate) or join Dementia Friends sessions aimed at stakeholders within the community to actively raise awareness.■ Engage with local Dementia Action Alliance and dementia-friendly community initiatives.
<p>There is a lack of awareness about the risk of loneliness and isolation for people living with dementia.</p>	<ul style="list-style-type: none">■ Increase staff awareness to identify the signs of social isolation and/or loneliness and ensure reporting mechanisms are in place to address this.■ Ensure staff are able to signpost to relevant organisations and groups and activities in the local area.■ In Housing with Care schemes, create opportunities for ‘accidental’ contact between people. For example, incidental seating areas.



Processes

Commitments to applicability

Issue	Actions
<p>People with dementia experience loss of memory for recent conversations or events and are sometimes confused, finding it harder to make decisions.</p>	<ul style="list-style-type: none"> ■ Through training, ensure staff understand, respond sensitively and keep a record so that an emerging pattern can trigger appropriate action, for example speaking to family or supporting individuals to make appointments.
<p>Processes and/or systems are not appropriately designed and are not dementia-friendly.</p>	<ul style="list-style-type: none"> ■ Increase staff awareness of how memory loss of recent conversations and events impact on the ability of someone with dementia to engage with current systems and processes. ■ Review current processes and systems, identify and make possible changes. ■ Make a plan to implement longer term changes and updates to policies, procedures, services and practices to make them more dementia-friendly. Involve customers in these processes, co-producing where possible.

Commitments to communication

Issue	Actions
<p>There is incomplete and unclear information available.</p>	<ul style="list-style-type: none"> ■ All information should be of good quality and produced, where possible, in conjunction with people living with dementia. ■ Make use of DEEP guides, such as involving people living with dementia and the importance of language.
<p>People with dementia lack capacity to maintain a tenancy.</p>	<ul style="list-style-type: none"> ■ Develop a policy to outline how the organisation will support a potential resident and family and carers. ■ Raise awareness amongst staff to identify a decreasing lack of capacity in existing residents. ■ Ensure policies and procedures are developed to ensure the correct support and response is in place.

Greater information and support for people with dementia to access housing options

Issue	Actions
<p>Dementia-friendly practices can get overlooked at busy periods and moments of crisis.</p>	<ul style="list-style-type: none"> ■ All information should be of good quality and produced, where possible, in conjunction with people living with dementia. ■ Make use of DEEP guides, such as involving people living with dementia and the importance of language.
<p>People with dementia lack capacity to maintain a tenancy.</p>	<ul style="list-style-type: none"> ■ Promote active dissemination of work and contribution to consultations and discussions. ■ Identify opportunities for continual professional developments specific to role and requirements.

6

Useful resources

General

Code of practice for the recognition of dementia-friendly communities in England. PAS 1365: Alzheimer's Society and BSI (2015). Available online at:
shop.bsigroup.com/forms/PASs/PAS-1365-2015.

Housing options for people with dementia. Dementia Care (2015). Available online at:
www.dementiacare.org.uk/wp-content/uploads/2015/08/Housing-options-for-people-with-dementia.pdf

Dementia words matter: Guidelines on language about dementia. Dementia Engagement and Empowerment Project (2014). Available online at:
www.dementiavoices.org.uk/wp-content/uploads/2015/03/DEEP-Guide-Language.pdf

Becoming a dementia-friendly organisation. Guinness Partnership (2015). Available online at:
www.guinnesspartnership.com/care-services/community/becoming-dementia-friendly-organisation/

Impact of the design of the built environment on people with dementia: an evidence-based review. G Marquardt et al, Health Environmental Research and Design Journal. (2014). Available online at:
journals.sagepub.com/doi/full/10.1177/193758671400800111

Is your housing dementia-friendly? The King's Fund (2014). Available online at:
www.kingsfund.org.uk/sites/files/kf/media/is-your-housing-dementia-friendly-ehe-tool-kingsfund-oct14.pdf

Dementia: finding housing solutions: the voice of housing associations. National Housing Federation (2013). Available online at:
s3-eu-west-1.amazonaws.com/pub.housing.org.uk/Dementia_-_Finding_housing_solutions.pdf

Neighbourhoods for life – a checklist of recommendations for designing dementia-friendly outdoor environments. Oxford Brookes (2004). Available online at:
www.idgo.ac.uk/about_idgo/docs/Neighbourhoods.pdf

Working with smaller housing associations to become dementia-friendly organisations. Quality of Life Charitable Trust (2012). Available online at:
quality-trust.org.uk/wp-content/uploads/2014/02/Outcomes-report-small1.pdf

Journal of Care Services Management (2009) Volume 3 Number 3

This special edition of the journal was dedicated to housing and dementia and contains a range of evidence and experience-based papers on many aspects of housing and dementia. While access to the journal online has to be paid for, the Housing LIN has some hard copies available.

People

Creating a dementia-friendly workplace, a guide for employers. Alzheimer's Society (2015).

Available online at:

www.alzheimers.org.uk/workplace

Deep guides (various). The Dementia Engagement and Development (DEEP) Project.

Available online at:

dementiavoices.org.uk/resources/deep-guides/

Dementia: skilling the general needs housing workforce. S Garwood (2014) Making a start.

Available online at:

www.housinglin.org.uk/_assets/Resources/Housing/OtherOrganisation/Making-A-Start_full-report.pdf

Dementia core skills: education and training framework. Skills for Care (2015). Available online at:

www.skillsforcare.org.uk/Topics/Dementia/Dementia.aspx

Information from Alzheimer's Society for lesbian, gay, bisexual or trans people who are living with dementia. Available online at:

www.alzheimers.org.uk/info/20029/daily_living/1190/lgbt_living_with_dementia

A different ending: Addressing inequalities in end of life care (2016). Available online at:

www.cqc.org.uk/sites/default/files/20160505%20CQC_EOLC_OVERVIEW_FINAL_3.pdf

Information for LGB&T+ communities. Available online at:

www.scie.org.uk/dementia/living-with-dementia/lgbt/

Places

Making your home a better place to live with dementia. Care and Repair England (2014).

Available online at:

careandrepair-england.org.uk/wp-content/uploads/2014/12/Making-your-home-a-better-place-to-live-with-dementia-Feb-2014.pdf

Disabled Facilities Grant: a system of help with home adaptations for disabled people in England – an overview. Care and Repair England (2016). Available online at:

careandrepair-england.org.uk/wp-content/uploads/2014/12/CRE-DFG-Briefing-November-2016.pdf

Dementia-friendly health and social care environments. Department of Health (2015).

Available online at:

www.gov.uk/government/publications/dementia-friendly-health-and-social-care-environments-hbn-08-02

Accommodation options for older people who have dementia (factsheet 16). First Stop (2016).

Available online at:

www.housingcare.org/downloads/kbase/3026.pdf

Older people with high support needs in housing with care. York. S Garwood, Joseph Rowntree Foundation (2013). Available online at:

www.jrf.org.uk/report/older-people-high-support-needs-housing-care

Places (continued)

Good practice in the design of homes and living spaces for people with dementia and sight loss. Greasley-Adams et al, University of Stirling (2014). Available online at:

dementia.stir.ac.uk/system/files/filedepot/12/good_practice_in_the_design_of_homes_and_living_spaces_for_people_living_with_dementia_and_sight_loss_final.pdf

Accessible housing standards briefing. Habinteg (2015). Available online at:

www.habinteg.org.uk/download.cfm?doc=docm93jjm4n1558.pdf&ver=1843

Living beyond dementia: a guide to dementia and housing with care. Housing and Dementia Research Consortium (2010). Available online at:

housingdementiaresearch.wordpress.com/publications

Advantages and disadvantages of different models of housing with care schemes for people living with dementia. Housing and Dementia Research Consortium (2015). Available online at:

www.housinglin.org.uk/_assets/Resources/Housing/OtherOrganisation/hdrc-event-2015-report_final.pdf

Provision for people with dementia within Housing with care: case studies from HDRC Steering Group. Housing and Dementia Research Consortium (2012). Available online at:

https://www.housinglin.org.uk/_assets/Resources/Housing/OtherOrganisation/Report_on_provision_for_people_with_dementia_v1.6_Jun2012.pdf

HAPPI 1 report: Housing our ageing population: Panel for innovation. All-party Parliamentary Group on Housing and Care for Older People (2009). Available online at:

www.housinglin.org.uk/_assets/Resources/Housing/Support_materials/Other_reports_and_guidance/Happi_Final_Report.pdf

HAPPI 2 report: Housing our ageing population: Plan for implementation. All-party Parliamentary Group on Housing and Care for Older People (2012). Available online at:

www.housinglin.org.uk/_assets/Resources/Housing/Support_materials/Other_reports_and_guidance/Housing_our_Ageing_Population_Plan_for_Implementation.pdf

HAPPI 3 report Housing our ageing population positive ideas: Making retirement living a positive choice. All-party Parliamentary Group on Housing and Care for Older People (2015).

Available online at:

www.housinglin.org.uk/_library/Resources/Housing/Support_materials/Other_reports_and_guidance/HAPPI3_Report_2016.pdf

How to do an access audit. Innovations in Dementia (2015). Available online at:

www.housinglin.org.uk/Topics/browse/HousingandDementia/Design/?parent=5091&child=9628

Is your housing dementia-friendly? EHE environmental assessment tool. The King's Fund (2014). Available online at:

www.housinglin.org.uk/Topics/browse/HousingandDementia/Design/?parent=5091&child=9379

Design

Making your home dementia-friendly. Alzheimer's Society (2015). Available online at:
www.alzheimers.org.uk/info/20001/get_support/783/making_your_home_dementia_friendly

Dementia green care handbook of therapeutic design and practice. G Chalfont and A Walker, Chalfont Design (2013). Available online at:
www.housinglin.org.uk/_library/Resources/Housing/OtherOrganisation/Dementia_Green_Care_Handbook.pdf

Landscape design for dementia care (factsheet 35). T Delhanty, Housing Learning & Improvement Network(2013). Available online at:
www.housinglin.org.uk/_assets/Resources/Housing/Support_materials/Factsheets/HLIN_Factsheet35_Landscape.pdf

Dementia-friendly health and social care environments (Health Building Note 08-02) Department of Health (2016). Available online at:
www.gov.uk/government/uploads/system/uploads/attachment_data/file/416780/HBN_08-02.pdf

10 helpful hints for dementia design at home. Dementia Services Development Centre, University of Stirling (2010). Available online at:
www.amazon.co.uk

Facing the future with dementia: designing buildings that will be adaptable. A Morrison, Housing Learning & Improvement Network (2013). Available online at:
www.housinglin.org.uk/Topics/type/Facing-the-Future-with-Dementia-designing-buildings-that-will-be-adaptable/

Guide to the dementia care environment. J Pool, Alzheimer's Society (2012). More information at:
www.alzheimers.org.uk/info/20114/publications_about_caring_for_a_person_with_dementia/957/alzheimers_society_guide_to_the_dementia_care_environment

Adaptations and modifications

Dementia-friendly technology: a charter that helps every person with dementia benefit from technology that meets their needs. Alzheimer's Society (2014). Available online at:

www.alzheimers.org.uk/technologyCharter

Assistive technology – devices to help with everyday living (factsheet 437).

Alzheimer's Society (2015) Available online at:

www.alzheimers.org.uk/factsheet/437

Equipment, adaptations and improvements to the home (factsheet 429). Alzheimer's Society (2016).

Available online at:

www.alzheimers.org.uk/factsheet/429

Making your home a better place to live with dementia. Care and Repair England (2012).

Available online at:

careandrepair-england.org.uk/wp-content/uploads/2014/12/Making-your-home-a-better-place-to-live-with-dementia-Feb-2014.pdf

Processes

Dementia capable communities: the views of people with dementia and their supporters.

Innovations in Dementia (2013). Available online at:

www.housinglin.org.uk/Topics/type/Dementia-Capable-Communities-the-views-of-people-with-dementia-and-their-supporters/

The extra care housing toolkit. Care Services Improvement Partnership. (2011).

Housing LIN. Available online at:

www.housinglin.org.uk/Topics/type/Extra-Care-Housing-Toolkit/

Becoming a dementia-friendly organisation: Summary report. The Guinness Partnership (2015).

Available online at:

www.housinglin.org.uk/Topics/type/Becoming-a-dementia-friendly-organisation

Think Local Act Personal :Top ten tips for co-production. TLAP (2015). Available online at:

www.housinglin.org.uk/Topics/type/Top-Ten-Tips-for-Co-production/

Creating a dementia-friendly York. J Crampton et al Joseph Rowntree Foundation (2012).

Available online at:

www.jrf.org.uk/sites/default/files/jrf/migrated/files/dementia-communities-york-full.pdf

7

Other useful organisations

Care and Repair England

careandrepair-england.org.uk

Care and Repair England is an independent charitable organisation which aims to improve older people's housing. It believes that all older people should have decent living conditions and be able to live in a home of their own choosing.

Chartered Institute of Housing

www.cih.org

An independent voice of housing which sets professional standards.

Dementia Action Alliance

www.dementiaaction.org.uk

Dementia Action Alliance brings together leading organisations across England committed to transforming health and social care outcomes for people affected by dementia.

Dementia Engagement and Empowerment Project (DEEP)

www.dementiavoices.org.uk

The Dementia Engagement and Empowerment Project (DEEP) brings together groups of people with dementia from across the UK. DEEP supports these groups to try to change services and policies that affect the lives of people with dementia.

Dementia Friends

www.dementiafriends.org.uk

Learn more about what it is like to live with dementia and turn that understanding into action. Sign up your organisation online. You can also find out where your local Dementia Friendly Community is

www.dementiafriends.org.uk/WebArticle?page=dfc-public-listing

Dementia and Housing Working Group

www.housinglin.org.uk/housing-networks/dementia-and-housing-working-group/members/

The Dementia and Housing Working Group (D&HWG), aims to promote the contribution of the housing sector to improving the health and wellbeing and quality of life for people living with dementia.

Elderly Accommodation Counsel

www.eac.org.uk

EAC holds the most comprehensive database of accommodation available in the country. It also runs the First Stop information and advice telephone line.

First Stop Advice

www.firststopcareadvice.org.uk

This website offers a range of leaflets including one on housing options for older people.

Foundations

www.foundations.uk.com

Foundations is appointed by the Department of Communities and Local Government to oversee a national network of nearly 200 Home Improvement Agencies (HIAs) and handyperson providers across England.

Homes England (previously Homes and Communities Agency)

www.gov.uk/government/organisations/homes-england

Homes England is an executive non-departmental public body, sponsored by the Ministry of Housing, Communities & Local Government.

Housing and Dementia Research Consortium

housingdementiaresearch.wordpress.com

This is the only group that brings together housing providers, commissioners and others specifically with the aim of achieving robust research into accommodation and care for people with dementia.

Housing and Safeguarding Adults Alliance

www.housinglin.org.uk/AboutHousingLIN/HASAA

The Alliance focuses specifically on improving practice and co-operation between the housing sector and adult social care and other organisations. It has a website hosted by the Housing LIN with some excellent resources focusing on housing and safeguarding.

Housing Learning and Improvement Network (LIN)

www.housinglin.org.uk/Topics/browse/HousingandDementia

www.housinglin.org.uk/Topics/browse/CareAndSupportatHome

(Housing LIN Care and Support at Home website)

Leading 'knowledge hub' for a growing network of housing, health and social care professionals in England involved in planning, commissioning, designing, funding, building and managing housing with care for older people. It also has a large range of resources on care and support at home, which include amongst others: co-production and communities; commissioning and procurement; innovative provisions; safeguarding.

National Housing Federation

www.housing.org.uk

National trade body for housing associations. The NHF has regional representatives keen to work in collaboration with health and social care commissioners and providers.

SITRA and Homeless Link

www.sitra.org

A member organisation which brings together health, social care and housing and publishes useful resources.

Social Care Institute for Excellence (SCIE)

www.scie.org.uk/dementia/

Good resources on dementia.

Stirling University Dementia Services Development Centre

dementia.stir.ac.uk/housing-dsdc

Stirling University, Dementia Services Development Centre (DSDC) has gathered together a specialist team dedicated to helping commissioners and providers tackle the complex and practical issues which they are wrestling with now.

Appendix 1

To support the production of the charter, five Alzheimer's Society service user review panels were asked for feedback on issues regarding housing.

The following 3 questions were asked to promote discussion:



Question 1:
What would you like to see in a housing charter?



Question 2:
What actions would you like the housing sector to take?



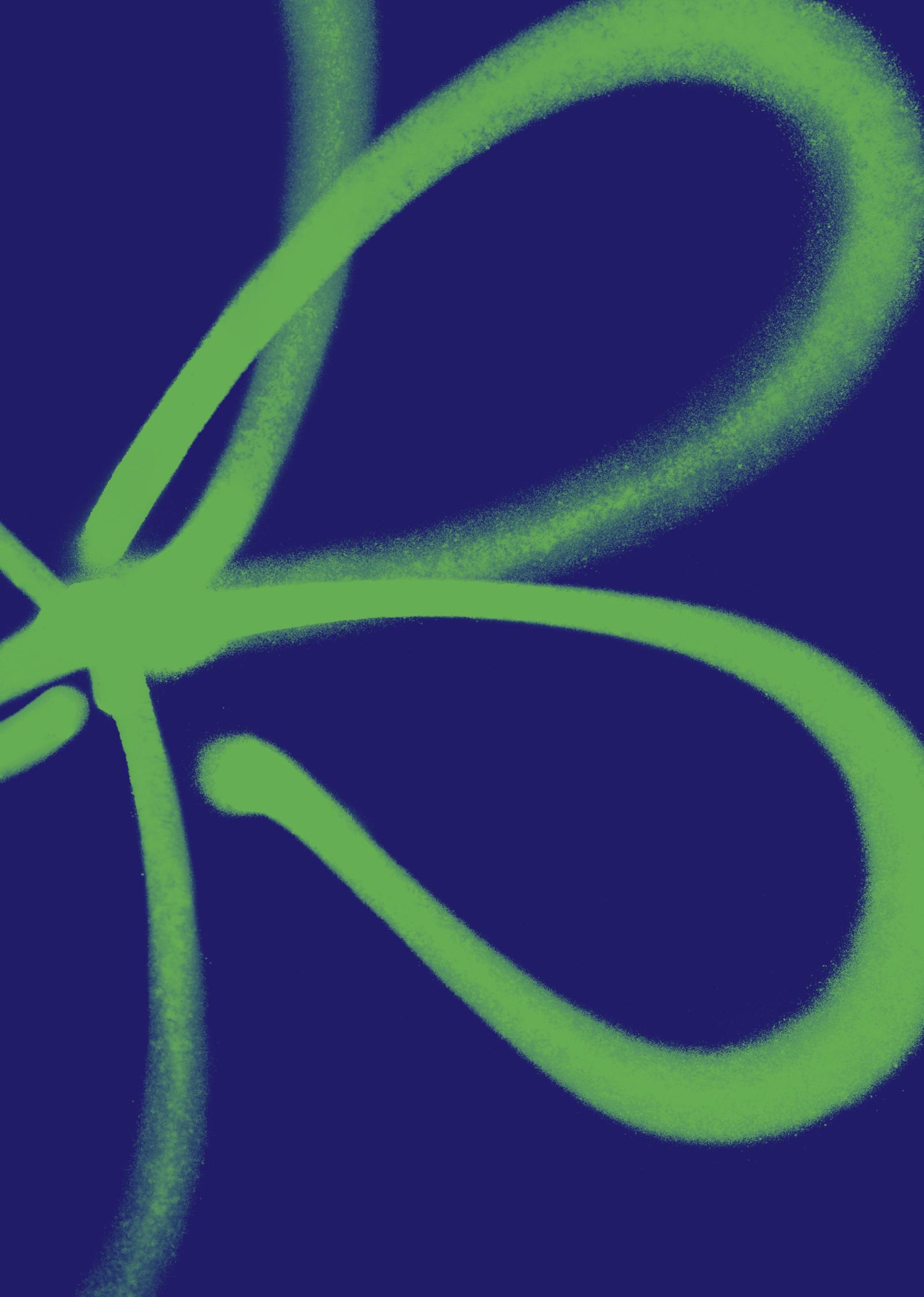
Question 3:
**What difficulties do you have in relation to housing?
What difficulties do you worry you might have in
the future?**



The feedback from five service user review panels highlighted the following issues and aspirations for people with dementia in relation to housing:

- To be enabled to live where you are familiar and are happy living.
- Design – wet rooms, few steps, open plan layout, separate space for everyone.
- Technology – provide sensor alarms, built in whiteboards or screens (maybe accessed remotely to enable family to prompt), computers that are easy to use.
- Accessibility for amenities/locality would be key.
- Boredom – need to keep busy so within housing complexes perhaps wellbeing areas, hobby areas, meeting rooms/events to facilitate social connections.
- When thinking of accommodation, need to consider space for another room for a carer or another member of family if needed.
- Staff etc need to have knowledge and a broad awareness of dementia.
- Accommodation needs to meet people's needs as their dementia progresses and needs to be suitable for adaptations to be made as needed.
- Design – such as bath rail/aids, sockets at arm level, same texture/colour of flooring throughout – not blue as it can look like water.
- Assistive technology – provide sensors/alarms for cooking, for example an intermittent alarm to make you keep returning to the cooker to check and stir it, sensor lights, sensors for movements.
- Signage – such as doors labelled with pictures of the room's use, 'hot' and 'cold' written on taps.
- Training for housing staff and planners to be taken seriously.
- Finding their own flat – need to be able to distinguish it from others with an item, familiar symbol or colour.
- Loneliness and isolation.

Notes



**Alzheimer's Society is the UK's leading dementia charity.
We provide information and support, improve care, fund research,
and create lasting change for people affected by dementia.**

If you have any concerns about Alzheimer's disease or any other form of dementia, visit **alzheimers.org.uk** or call the **Alzheimer's Society National Dementia Helpline** on **0300 222 1122**. (Interpreters are available in any language. Calls may be recorded or monitored for training and evaluation purposes.)



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