



Supporting people with dementia at home

A training resource for homecare workers

Dementia training for homecare workers from Alzheimer's Society

Two thirds of the 800,000 people with dementia in the UK live in the community. As dementia progresses, people usually need to receive specialist care and support, often calling on the services of homecare agencies. Alzheimer's Society has developed a new training resource to equip staff with a sound understanding of dementia and the experience of living with the condition.

Supporting people with dementia at home is a complete training resource, designed specifically to address the challenges of caring for people with dementia living at home. It comprises a DVD featuring people with dementia at home, their families and professional carers, as well as a CD Rom with all learners' notes, exercises and facilitator notes. The resource is designed to be delivered by you, direct to your staff.

Supporting people with dementia at home
costs just £249 + VAT - order your copy today:
T 01904 633581
E dementiatraining@alzheimers.org.uk

The resource consists of four modules which can be delivered as individual bite-sized units or as two full training days. Completion of the modules will achieve the following learning outcomes:

The experience of dementia

- Explain the experiences of a person living with dementia.
- Describe and discuss ways to improve working relationships with the person living with dementia.
- Explain what dementia is.
- Name the common types of dementia and their associated symptoms.

Communication and behaviour

- Identify barriers to communication.
- Identify different styles and methods of communication.
- Recognise behaviour as a means of communication.
- Describe the different realities of the person living with dementia, and how best to accommodate these.

Person-centred approaches

- Describe what a person-centred approach is.
- Explain ways of finding out about life history and preferences for the person living with dementia.
- Identify essential tasks and skills, and how the two can work together to support the person living with dementia.

- Apply the concept of a person-centred approach to working with people with dementia, including well-being and ill-being, positive and effective approaches, occupation, activity and enablement.

Well-being and supporting relationships

- Identify approaches that enable individuals with dementia to experience well-being.
- Describe the role of carers in the care and support of people with dementia.
- Recognise the role of others in the support of people with dementia.
- Identify barriers to good nutrition in people with dementia, and explain how to support good nutrition.
- Identify and implement appropriate activities and occupations for people with dementia.

Who should purchase this resource?

Supporting people with dementia at home is particularly relevant for organisations with staff that provide support to people with dementia living at home.

For organisations with large numbers of staff Alzheimer's Society offer

Facilitation skills for cascading dementia awareness, a development course for facilitators which will equip them with the skills and knowledge to effectively cascade

Supporting people with dementia at home to large numbers of staff.

Foundation certificate in dementia awareness

Alzheimer's Society also offers a multiple choice assessment which staff can undertake on completion of the **Supporting people with dementia at home** training. If successful, participants receive an Alzheimer's Society certificate and

badge, allowing them to demonstrate their achievement and providing organisations with evidence of staff development.

The cost is just £25 per paper - please contact us for further details of how to register.

Alzheimer's Trading Limited
Holgate Villa
22 Holgate Road
York YO24 4AB

T 01904 633581
E dementiatraining@alzheimers.org.uk
W alzheimers.org.uk/workforcedevelopment

Leading the fight
against dementia

**Alzheimer's
Society**

Alzheimer's Trading Ltd (registered company no 02737333) is a wholly owned subsidiary of Alzheimer's Society (registered charity no 296645) to which it Gift Aids all of its taxable profits at the end of the financial year.