



Caroline, 55
Keen walker
and traveller
Former IT consultant
A capella singer
Radio 4 fan
Gardener
Lives with dementia

Remember Dementia Awareness Week™
20th–26th May 2012

Dementia Awareness Week™ 2012



Leading the fight
against dementia

**Alzheimer's
Society**

Things you should know about dementia

Dementia is not a natural part of growing old. It's caused by diseases of the brain – the most common of these is Alzheimer's.

It's not just about losing your memory; dementia can affect thinking, communicating and doing everyday tasks. But with the right support and know-how, it's possible for someone with dementia to get the very best out of life.

Remember that a person with dementia still has dreams, dislikes and things they're passionate about. There's more to a person than the dementia.

Find out more about dementia at alzheimers.org.uk

Alzheimer's Society Dementia Helpline

England and Wales: 0845 3000 336 | Northern Ireland: 028 9066 4100

