

Calling the Helpline

If you have concerns about Alzheimer's disease or about any other form of dementia, the [Alzheimer's Society National Dementia Helpline](#) can provide information, support, advice and referrals to other appropriate organisations.



Information for callers who do not have English as their language of choice

For callers to the helpline who do not have English as their language of choice we can arrange a simultaneous language translation service.

The Alzheimer's Society National Dementia Helpline can provide confidential interpreters, in many languages, within minutes of your call.

All you need to do is state in English the language you would prefer to use.

How to use the confidential translation service

1. Ring the Helpline telephone number - **0300 222 1122**.
2. When your call is answered, say the English word for the language you wish to use, you will also need to be able to give your name and your telephone number in English.
3. Hang up your phone and wait. You will usually be called back within 5 minutes by an interpreter who will help us give you the health or other information you need.

Alternatively, you can ask a friend or relative to make the call on your behalf.

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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