

# Everest Base Camp Trek

**Location:** Nepal

**Date:** 1 - 19 March 2014

**Event Type:** Trek

**Registration Fee:** £399

**Fundraising Target:** £3,900

**Level:** Tough

Breathtaking scenery, friendly locals and a fascinating culture make trekking through Nepal an absolute must! And combining that with a glimpse of the world's highest mountain makes our Everest Base Camp trek the adventure of a lifetime.



Get more information >

Alternatively you can call us on **0870 417 0192**.

## Everest Base Camp Itinerary

For more details of the route [see our day to day itinerary](#).

For more information about the challenge see our [frequently asked questions](#). If you have a question that isn't answered here please [contact us](#) and we will be delighted to help.

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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