

Get involved in dementia friendly communities

We want to involve as many people with dementia, carers, family members, professionals and organisations or individuals with an interest in dementia in the programme - please check here regularly to find what is going on.

What can I do now?

How dementia friendly is your community?

Early in 2013, Alzheimer's Society will be talking to [people with dementia](#) and [carers](#) about their experiences of their local communities and whether they feel that communities are supportive to ensure that people can live well with their condition.

If you are a person with dementia or you work with people with dementia and know of groups or individuals who might like to be involved, please contact Laura Cook, Policy Officer by email laura.cook@alzheimers.org.uk or phone 020 7423 3578.

Become a Dementia Friend

The [Dementia Friends](#) scheme led by Alzheimer's Society will provide people like you with free dementia awareness sessions, to help those with [dementia](#) feel understood and included in the community. It forms part of work on the [Prime Minister's Challenge on Dementia](#) to make communities and everyday places such as supermarkets, banks, GP surgeries and shopping centres more accessible to people with the condition.

We want there to be a million Dementia Friends by 2015, with the know-how to help [people with dementia](#) feel understood and included in their community.

Being a Dementia Friend is about turning understanding into action. From giving a helping hand to someone struggling to find the right bus, to [volunteering](#) in your local community, to encouraging



someone else to become a Dementia Friend, no action is too big or too small. Register your interest today at www.dementiafriends.org.uk or text Friend to 88080. By registering, you'll be the first to hear about when and how you can get involved.

- Find out more at www.dementiafriends.org.uk

Consultations

If you would also like to be kept up-to-date with details of our consultations by email, please email dementiafriendlycommunities@alzheimers.org.uk. We will keep your details on a database and inform you of any new consultations.

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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