

# London to Brussels cycle challenge

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**Location:** London to Brussels

**Date:** 5 September - 8 September 2013

**Event Type:** Cycle

**Registration Fee:** £99

**Fundraising Target:** £1,300

**Level:** Moderate

Cycling from London to Brussels is one of the great cycle experiences in Europe. Passing through undulating Kent countryside, we cross the Channel to Calais and ride north into Belgium through the lowlands of Flanders, via the lovely towns of Bruges and Ghent. After three long days in the saddle we finish the ride in Brussels in time for the Brussels Beer Festival so that we can celebrate our achievement in style.

We cycle 379km over three days on road with some challenging climbs en route.



Sign up now >

Or you can get more information about this event by completing [our online form](#) and an information pack will be emailed straight back to you, or call us on **0870 417 0192**.

## London to Brussels itinerary

For more details of the route check out the [London to Brussels itinerary](#).

For more information about the challenge see [frequently asked questions](#). If you have a question that is not covered here please [contact us](#) and we will be delighted to help.

To take part in this cycle challenge you pay a registration fee of £99 and commit to raise a minimum sponsorship of £1,300. We'll provide food, accommodation and Eurostar back to the UK and a fully supported ride.



Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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