

# Prevention

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There is growing evidence indicating that certain medical conditions - such as high blood pressure, diabetes and obesity - may increase the [risk of dementia](#), whereas a healthy lifestyle may reduce the risk.

We support research into the lifestyle factors that may affect the risk of developing dementia.



## Current Projects

Alzheimer's Society funds four [types of research grant](#): Project grants; Research fellowships; PhD studentships; Dissemination grants. Below is a list of our current research projects sorted by grant type.

You can also see our [current](#) and [completed](#) research sorted by different categories.

### Projects

- [Treatments to lower blood pressure and cholesterol: a pilot study for treatment after stroke](#) (Nottingham University)
- [Reviewing the evidence for how lifestyle affects risk of dementia](#) (Cambridge University)
- [Why do older people develop dementia after surgery?](#) (Imperial College London)

### PhD studentships

- [Flavonoids in the diet: Could they help prevent Alzheimer's disease?](#) (University of Bath)
- [Evaluating a new antibody therapy to prevent Alzheimer's disease](#) (Cardiff University)

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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