

# Care

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Effective communication, co-operation and co-ordination between all those involved in [caring for a person with dementia](#) are essential for providing a level of care that assures dignity and quality of life for the [person with dementia](#) and their carers.

Our research into care is aimed at ensuring that the best possible care is delivered, improving quality of life.



## Key research:

### Focused Intervention Training and Support (FITS)

Alzheimer's Society is rolling out an evidence based training programme for care home staff to reduce the use of [antipsychotic drugs](#) in people with [dementia](#).

The programme aims to train staff to manage [behavioural and psychological symptoms](#) safely, without the need for medication. The programme is being rolled out to 150 care homes across the UK. with the support of the Department of Health, the University of Worcester and HC-One care homes.

[More details about the programme](#)

### Cognitive Behavioural Therapy 'Caring for Me and You'

Alzheimer's Society is currently engaged in the development of a programme of Cognitive Behavioural Therapy (CBT) for carers of people with dementia.

CBT is an effective psychological intervention to help people with various problems, such as anxiety and depression. Evidence has shown that CBT helps carers to develop coping strategies. More recently, this therapy has been delivered through online formats that were effective in changing behaviour in randomised controlled trials.

[More details about the programme](#)

## Current Projects

Alzheimer's Society funds four [types of research grant](#): Project grants, Research fellowships, PhD studentships and Dissemination grants. Below is a list of our current research projects sorted by grant type.

You can also see our [current](#) and [completed](#) research sorted by different categories.

### Projects

- [Reviewing the evidence on how to treat and care for people with early-stage dementia without drugs](#) (University of Cambridge)
- [Care of nursing home residents with advanced dementia](#) (Queen's University Belfast)
- [Improving hospital treatment for people with dementia](#) (University College London)
- [Dying in hospital: Care of people with dementia and their carers](#). (University of Nottingham)
- [Overcoming obstacles to the diagnosis of dementia in the signing Deaf community](#) (University of Manchester)
- [Should we screen for dementia?](#) (Cambridge University)
- [The DOMINO-AD clinical trial: improving treatment for Alzheimer's disease](#) (Institute of Psychiatry, London)

### PhD studentships

- [How does the 'culture' within a nursing home influence the prescription of certain drugs?](#) (Queen's University, Belfast)
- [A minimal interference technique to improve memory in people with Alzheimer's](#) (University of Edinburgh)
- [Detection of iron in the brain: towards a new diagnostic tool](#) (University of Warwick)
- [Paving the way for a new approach to Alzheimer's diagnosis](#) (King's College London)

### Dissemination grants

- [Building stakeholder knowledge of how to improve dementia care in general hospitals](#). (University of Warwick)

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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