

# Land's End to John O' Groats Cycle Challenge

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**Location:** Land's End (Cornwall) to John O' Groats (Scotland)

**Date:** 28 August - 8 September 2013

**Event Type:** Cycling

**Registration Fee:** £299



**Fundraising Target:** £2,800

**Level:** Tough

Cycling from Land's End to John O'Groats (Lejog), the furthest possible distance in the British Isles, is a classic challenge that many dream of. Starting at Land's End on the south-westerly tip of England, we pedal our way through Cornwall, over Dartmoor and north along the Welsh border. We skirt the Lake District into Scotland, via lochs and the Highlands to the North Coast and John O'Groats. In all we cover roughly 1,000 miles in 12 days.

Sign up now >

Or you can get more information about this event by completing our [online Land's End to John O'Groats Cycle Challenge form](#) and an information pack will be emailed straight back to you, or call us on **0870 417 0192**.

**Land's End to John O'Groats itinerary**

[Take a look at the day to day itinerary](#)

For more information about the challenge in 2013 see [frequently asked questions](#). If you have a question that is not covered here please [contact](#) us on or on **0870 417 0192**, and we will be happy to help.

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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