

Lake District Four Peaks Challenge

Location: Lake District Cumbria, UK

Date: 30 August - 2 September 2013

Event Type: Trek

Registration Fee: £99

Fundraising Target: £800

Level: Tough

Get to the top of four of England's highest peaks in this tough three day challenge in the stunning Lake District National Park. [See photos from the June 2011](#) and the [July 2011 events](#).



Sign up now >

Or you can get more information about this event by completing [our online form](#) and an information pack will be emailed straight back to you, or call us on **0870 417 0192**.

Four Peaks Challenge Itinerary

On day one we climb Skiddaw Mountain (931m, 3,055ft). On day two we take on the highest peak in England, Scafell Pike (978m, 3,209ft) followed by neighbouring Scafell itself (964m, 3,163ft) and then a trek back to camp. With three peaks under our belt we tackle Helvellyn (950m, 3,117ft) on the final day of our challenge.

Take a [look at the day to day itinerary for the Four Peaks Challenge](#).

For more information about the trek see [frequently asked questions](#). If you have a question that isn't covered here [contact us](#) and we will be happy to help.

To take part in this challenge you pay a registration fee of £99 and raise a minimum sponsorship. We provide food, accommodation and mountain leaders so that on the trip you can focus solely on getting yourself to the top.

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

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