

# Organising your own cycle - Popular routes

---

Here are some popular routes which might help if you are organising your own ride.

- [Coast to coast](#)
- Lands End to John O'Groats
- [Trans Peninne Cycle way](#)
- [Thames Valley](#)

There are also a number of popular rides up and down the country that you can get your own place in and fundraise for Alzheimer's Society

- [Dunwich Dynamo](#) (London fields Hackney to Dunwich Suffolk)
- [Great Western ride](#)
- [Exmoor beast](#)
- [Great Manchester ride](#)
- [Virgin Money Cyclone](#)



[Return to main organise your own cycle ride page](#)

Alzheimer's Society National Dementia Helpline

England, Wales and Northern Ireland: 0300 222 11 22

9.00am-5.00pm Monday-Friday

10.00am-4.00pm Saturday-Sunday

Registered charity no. 296645. A company limited by guarantee and registered in England no. 2115499.